



2025 Support Groups



Albuquerque / Rio Rancho

ABQ Caregiver Support Group	1st Thursdays	1:00 PM	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109
Adult Children Caring for Parents	3rd Thursdays	10:00 AM	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109
Caregiver Support Group	3rd Thursdays	1:00 PM	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109
Caregiver Support Group	Last Thursdays	1:00 PM	The Retreat Gardens	4100 Jackie Rd, Rio Rancho NM 87124
Caregiver Support Group - AT CAPACITY	1st & 3rd Tuesday	10:00 AM	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109
Men's Support Group w/ Breakfast	2nd Friday	10:00 AM	Weck's	3913 Louisiana Blvd. NE ABQ 87110
Caregiver Support Group	1st & 3rd Monday	10:00 AM	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109
Caregiver Support Group	1st Wednesday	9:30 AM	Loma Colorado Library	755 Loma Colorado Ave. Rio Rancho 87124
Rio Rancho Caregiver Support Group	3rd Saturday	9:30 AM	Ester Bone Memorial Library	950 Pinetree Rd SE, Rio Rancho 87124
Caregiver Support Group	2nd Thursday	10:00 AM	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109

Register at alz.org/crf or call 24/7 Helpline: 800.272.3900

Pre-registration is encouraged. Upon registration, participants will receive a link and phone number to join a virtual meeting or their in-person location will be confirmed.



Albuquerque/ Rio Rancho Ctd.

Wives' and Partners Caregiver Support Group	1st Wednesdays	1:00 PM	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109
Grieving After Dementia Loss	2nd Wednesdays	1:00 PM	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109
Grieving After Dementia Loss	1st Fridays	11:00 am	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109
Early Stage Support Group - for People Living with Dementia and their Care Partner	2 nd Fridays	2:00 pm	Alzheimer's Assoc. Office	6731 Academy Rd. NE, Albuquerque NM 87109 PLEASE CALL IN ADVANCE TO REGISTER FOR THIS GROUP

Las Cruces

Caregiver Support Group	1st & 4th Tuesday	1:30 PM	The Village at Northrise	2880 Roadrunner Pkwy, Las Cruces, NM 88011
Women's Caregiver Support Group	1st & 3rd Thursday	1:00 PM	Peace Lutheran Church	1701 Missouri Ave, Las Cruces NM 88011
Men's Alzheimer's Caregiver SG	2nd & 4th Thursday	2:00 PM	Munson Senior Center	975 S Mesquite St. Las Cruces NM 88001

Santa Fe

The Caregiver Connection Support Group	2nd Tuesday	3:00 PM	The Montecito of Santa Fe	500 Rodeo Rd. Santa Fe, NM 87505
The Caregiver Connection Support Group	4th Thursday	10:00 AM	The Montecito of Santa Fe	500 Rodeo Rd. Santa Fe, NM 87505

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Other

Caregiver Support Group	Last Thursday	5:00 PM	Cross Point Church	11600 US- 180, Silver City NM 88061
Caregiver Support Group	2 nd Wednesdays	12 pm	Visiting Angels, Farmington	1515 E 20th St Suite F, Farmington, NM 87401
Caregiver Support Group	2 nd Wednesdays	6 pm	Visiting Angels, Farmington	1515 E 20th St Suite F, Farmington, NM 87401

Online Support Groups

Caregiver Support Group	2 nd Tuesday	2:00 PM	Online
Caregiver Support Group	3 rd Thursday	6:00 PM	Online
LGBTQ + SAGE Caregivers Support Group	Every Other Friday (Dec 13th, 27th, etc.)	12:00	Online
Husband's Caring for Spouse/ Partner	1 st & 3 rd Friday	12:00 PM	Online
Golden Hour I - for People Living with Dementia and their Care Partner	2 nd and 4 th Wednesdays	10:00 am	Online
Golden Hour II - for People Living with Dementia and their Care Partner	2 nd and 4 th Wednesdays	10:00 am	Online

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