

# NEW MEXICO'S OLDER ADULTS ATA GLANCE

## LOS ALAMOS COUNTY

### AGING LANDSCAPE IN NEW MEXICO

By the year 2030, New Mexico's 65+ population is projected to be **10th highest in the nation**. Currently, we are 13th.\* The number of New Mexicans 65+ is expected to **increase by over 200,000** by 2040. That's an increase of **more than 28%** in the next 15 years.\*\*

It is vital that we have right-sized supports in place to serve New Mexicans today and into the future.



### *For Los Alamos County:*

#### OLDER ADULTS IN THE COUNTY

**3,585** residents (18.5%) are aged 65+\*\*\*

**3.8%** of residents live at poverty level

**8** older adults (0%) are enrolled in SNAP

**22** older adults are dual enrolled in Medicare/Medicaid

**1.6%** of older adults are grandparents raising grandchildren

**2** senior centers

**0** tribal senior centers

**3** adult day care/ services, and **1** are state-funded

**2** assisted living facilities, and **0** of them accept Medicaid

**1** skilled nursing facilities, and **1** of them accept Medicaid/Medicare

**0** tribal adult day care/services

# HOW WE SERVED LOS ALAMOS COUNTY IN FY 2025

## AGING SERVICES

- ALTSD, through **2 senior service providers**, served **858 county residents** with **33,671 meals** and **3,524 transportation trips**
- **1** contracted organizations using **NM Grown produce** in the county
- **0** tribal organizations using **NM Grown produce** in the county
- **1,980 lbs of food distributed** through NM Grown
- Answered **75 resident calls** through the Aging and Disability Resource Center (ADRC)
- Provided **7 virtual and in-person informational sessions** on Medicare, Medicaid and state resources

## CARE SERVICES

- **1 New Mexicans supported** through the New MexiCare Caregiver Program
- **0 veterans served** through the Veteran-Directed Care Program
- **3 residents served** through Care Transitions Program
- **Kinship Caregiver Pilot Program** is not yet active in Los Alamos County

## PROTECTIVE SERVICES

- Adult Protective Services has conducted **25 investigations** into abuse, neglect, and exploitation
- Adult Protective Services received **52 reports** of abuse, neglect and exploitation
- **Self-neglect** is consistently the **top Adult Protective Services concern** statewide

## ADVOCACY SERVICES

- The ombudsman **conducted 20 visits** to long-term care facilities in the county. Ombudsman provides advocacy for long-term care residents.
- Led **1 informational, resident rights, and facility trainings** in the county
- Resolved **13 long-term care facility complaints**
- Ombudsman office has a **99% complaint resolution rate**

\* U.S. Census (2020) & UNM Geospatial & Population Studies. (2024). NM Population Projections, 2023 – 2050 \*\* UNM Geospatial & Population Studies. (2024). NM Population Projections, 2023 – 2050 \*\*\*U.S. Census Bureau. "AGE AND SEX." American Community Survey, ACS 5-Year Estimates Subject Tables, Table S0101, 2020, [https://data.census.gov/table/ACSST5Y2020.S0101?q=040XX00US35\\$0500000](https://data.census.gov/table/ACSST5Y2020.S0101?q=040XX00US35$0500000). Accessed on January 30, 2025. ^U.S. Census Bureau, U.S. Department of Commerce. "Population 65 Years and Over in the United States." American Community Survey, ACS 5-Year Estimates Subject Tables, Table S0103, 2023, [https://data.census.gov/table/ACSST5Y2023.S0103?q=United States&t=Age and Sex&q=040XX-00US35\\$0500000](https://data.census.gov/table/ACSST5Y2023.S0103?q=United States&t=Age and Sex&q=040XX-00US35$0500000). Accessed on January 30, 2025.



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