

NEW MEXICO'S OLDER ADULTS ATA GLANCE

BERNALILLO COUNTY

AGING LANDSCAPE IN NEW MEXICO

By the year 2030, New Mexico's 65+ population is projected to be **10th highest in the nation**. Currently, we are 13th.* The number of New Mexicans 65+ is expected to **increase by over 200,000** by 2040. That's an increase of **more than 28%** in the next 15 years.**

It is vital that we have right-sized supports in place to serve New Mexicans today and into the future.



For Bernalillo County:

OLDER ADULTS IN THE COUNTY

126,793 residents (18.9%) are aged 65+***

13.5% of residents live at poverty level

14,621 older adults (2.2%) are enrolled in SNAP

10,943 older adults are dual enrolled in Medicare/Medicaid

4.6% of older adults are grandparents raising grandchildren

25 senior centers

1 tribal senior centers

7 adult day care/ services, and **2** are state-funded

105 assisted living facilities, and **4** of them accept Medicaid

18 skilled nursing facilities, and **18** of them accept Medicaid/Medicare

1 tribal adult day care/services

HOW WE SERVED BERNALILLO COUNTY IN FY 2025

AGING SERVICES

- ALTSD, through **31 senior service providers**, served **12,139 county residents** with **475,888 meals** and **17,191 transportation trips**
- **3** contracted organizations using **NM Grown produce** in the county
- **1** tribal organizations using **NM Grown produce** in the county
- **21,048.3 lbs of food distributed** through NM Grown
- Answered **16,439 resident calls** through the Aging and Disability Resource Center (ADRC)
- Provided **91 virtual and in-person informational sessions** on Medicare, Medicaid and state resources

CARE SERVICES

- **13 New Mexicans supported** through the New MexiCare Caregiver Program
- **9 veterans served** through the Veteran-Directed Care Program
- **136 residents served** through Care Transitions Program
- **Kinship Caregiver Pilot Program** is not yet active in Bernalillo County

PROTECTIVE SERVICES

- Adult Protective Services has conducted **2,230 investigations** into abuse, neglect, and exploitation
- Adult Protective Services received **5,450 reports** of abuse, neglect and exploitation
- **Self-neglect** is consistently the **top Adult Protective Services concern** statewide

ADVOCACY SERVICES

- The ombudsman **conducted 825 visits** to long-term care facilities in the county. Ombudsman provides advocacy for long-term care residents.
- Led **48 informational, resident rights, and facility trainings** in the county
- Resolved **383 long-term care facility complaints**
- Ombudsman office has a **99% complaint resolution rate**

* U.S. Census (2020) & UNM Geospatial & Population Studies. (2024). NM Population Projections, 2023 – 2050 ** UNM Geospatial & Population Studies. (2024). NM Population Projections, 2023 – 2050 ***U.S. Census Bureau. "AGE AND SEX." American Community Survey, ACS 5-Year Estimates Subject Tables, Table S0101, 2020, [https://data.census.gov/table/ACSST5Y2020.S0101?q=040XX00US35\\$0500000](https://data.census.gov/table/ACSST5Y2020.S0101?q=040XX00US35$0500000). Accessed on January 30, 2025. ^U.S. Census Bureau, U.S. Department of Commerce. "Population 65 Years and Over in the United States." American Community Survey, ACS 5-Year Estimates Subject Tables, Table S0103, 2023, [https://data.census.gov/table/ACSST5Y2023.S0103?q=United States&t=Age and Sex&q=040XX-00US35\\$0500000](https://data.census.gov/table/ACSST5Y2023.S0103?q=United States&t=Age and Sex&q=040XX-00US35$0500000). Accessed on January 30, 2025.



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