# ADULT PROTECTIVE SERVICES

## **ANNUAL REPORT FY23**

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NEW MEXICO
AGING &
LONG-TERM
SERVICES
DEPARTMENT

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# MESSAGE FROM THE CABINET SECRETARY



This year marks another crucial milestone in our ongoing commitment to caring for the most vulnerable adults in our community. In Fiscal Year 2023, Adult Protective Services (APS) received a total of 12,560 reports of abuse, neglect, and exploitation. Additionally, this past summer APS Director Esperanza Lucero was recognized nationally for her contributions & implementation of a harm reduction model within APS.

We are entrusted with the responsibility of safeguarding those who are often some of the most vulnerable members of our communities: our elderly, disabled and at-risk adults. It is our duty to ensure their safety, well-being, and dignity.

This report not only serves as a reflection of our agency's accomplishments but also as a testament to this administration's dedication to serving every New Mexican. In the coming year, some of APS's priorities include:

- 1. Ensuring clients have access to services and supports to meet their needs and remain in their communities of choice.
- 2. Successfully launching the New MexiCare program in 13 counties.
- 3. Hosting the National Adult Protectives Services Association (NAPSA) conference in September 2024, projected to be the largest in it's history.

This report is a testament to the hard work, compassion, and unwavering commitment of our team members, partners, and stakeholders, and I look forward to continuing the great work in the coming year.

Warm Regards,

Jen Paul Schroer

## **APS VISION**

Providing innovative interventions and supports to mitigate abuse, neglect, and exploitation.

## **APS MISSION**

The New Mexico Adult Protective Services Division preserves and promotes the independence, dignity, autonomy, and safety of vulnerable adults throughout New Mexico.



**APS SOUTHEAST REGION TEAM** 

## INTRODUCTION

The Aging and Long-Term Services Department is the designated state agency for the protection of adults who are victims of abuse, neglect, or exploitation (ANE). The Adult Protective Services (APS) Division provides a statewide system of protective services for older adults and adults with disabilities over the age of eighteen. APS is one of six divisions within ALTSD and comprises over 50% of the Department's 250+ full-time employees.

New Mexico is a mandatory reporter state pursuant to the Adult Protective Services Act (Section 27-7-30 NMSA) which states that any adult or financial institution that suspects someone is being abused, neglected, or exploited, has the duty to report that information to APS. The APS Act also provides for assessment of a civil penalty against anyone who interferes with an investigation, the provision of protective services, or placement of an adult who consents to those services.





Investigations are conducted through a network of regions and field offices throughout the state. Caseworkers meet with alleged victims in their homes to investigate allegations, perform assessments, and address immediate safety needs. When necessary, APS provides short-term services, including emergency protective placement or caregivers; home care; adult day care; attendant care; or legal services (filing of guardianship petitions in district court).

## STATUTORY AUTHORITY

Adult Protective Services (APS) is mandated by New Mexico law to provide a system of protective services to persons aged 18 and older who are unable to protect themselves from abuse, neglect, or exploitation.

The Adult Protective Services Act (Sections 27-7-15 through 27-7-30 NMSA 2007) is the civil statute upon which APS is based. The APS Act is implemented through four New Mexico Administrative Code rules:

8.11.3 APS Investigations8.11.4 APS Services8.11.5 APS Legal Services8.11.6 Employee Abuse Registry

APS substantiates or unsubstantiates allegations based on the preponderance of the evidence and provides services to prevent future risk of abuse, neglect, or exploitation. APS is not authorized to conduct criminal investigations, file charges, or arrest perpetrators.

When an APS caseworker encounters evidence of a crime, the case is referred to law enforcement. Substantiated cases may also be referred to the Attorney General's Office, Department of Health Incident Management, the Ombudsman, the Employee Abuse Registry, or other state agencies as appropriate.



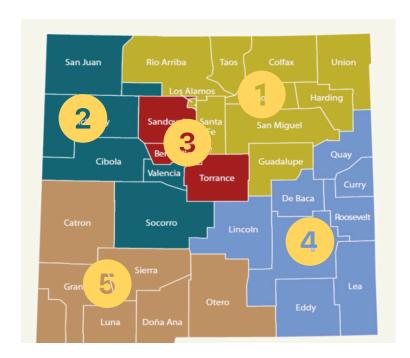
# GUIDING PRINCIPLES & CORE VALUES

- Providing high-quality services and support to APS clients and implementing preventative measures to reduce recidivism.
- Mitigating abuse, neglect, and exploitation of incapacitated adults.
- Ensuring the safety and well-being of incapacitated adults by establishing innovative care and support services.
- Engaging in the least restrictive and person-centered interventions to reduce abuse, neglect, and exploitation and improve outcomes for vulnerable adults

Focus on APS created 5 prevention helps community adults to stay health worker Prevention Intervention safely in their positions for each homes & region to communities facilitate service before they identification and become an APS Reduction coordination client.

APS is establishing its case management unit to work with higher need clients that require more clinical intervention

## APS REGIONS BY COUNTY



1

2

3

4

5

### **Northeast**

Santa Fe, Los Alamos Rio Arriba Taos Colfax

Union

Mora

Harding

San Miguel

Guadalupe

## Northwest

San Juan McKinley Cibola Valencia

Socorro

Sandoval

#### Metro

Bernalillo Torrance

Sandoval

## **Southeast**

De Baca

Lincoln

Quay

Curry Roosevelt

Chaves

Eddy

Lea

## Southwest

Catron

Grant

Hidalgo

Sierra

Luna

Doña Ana

Otero

PAGE 08 | APS REGIONS

## **SCREENING**

A report occurs when a member of the public informs APS of a suspected situation where an adult could be experiencing abuse, neglect or exploitation.

A report becomes a case if the report is accepted (screened-in) for an investigation.

### Reasons a Report May Not Be Accepted

- The report does not contain a specific allegation of abuse, neglect, or exploitation.
- There is insufficient information to locate the victim;.
- No jurisdiction; for example: the alleged victim lives on Tribal land.
- The report duplicates a previously received report.
- The adult has capacity.
- The report is directed to a more appropriate agency (i.e., Dept. of Health, law enforcement, Tribal Social Services, etc.).

#### Screen-in vs. Screen-out



After a report arrives at APS, it is electronically sent to the APS supervisor nearest to the alleged victim. The supervisor generates additional information, if necessary, and either accepts the report for investigation or screens it out if it does not meet criteria.



Once a case is accepted, the supervisor establishes the response time and assigns an APS caseworker to the investigation.

**Emergency**: within 3 hours **Priority 1:** within 24 hours

Priority 2: within 2-5 calendar days

## REPORTING

In FY23, 35,392 Critical Incident Reports (CIR's) were made to APS. In addition, to the 35,392 Critical Incident reports (CIR's) made in FY23, the public made 12,560 reports of adult abuse, neglect, or exploitation.



## What is Critical Incident Reporting?

The Human Services Dept/Medical Assistance Division /Quality Bureau (HSD/MAD/QB) Incident Management System describes the statewide reporting requirements for all incidents involving recipients served under Centennial Care-funded Home and Community Based Service programs.

Community agencies providing Home and Community Based Services are required to report critical incidents to the State.

Home & Community Based Services include Personal Care services (PCO) and Self-Directed benefit services in addition to other services. All allegations of Abuse, Neglect, and Exploitation of a recipient must be reported, as well as any incidents involving Emergency Services, Hospitalization, the Death of a recipient, the involvement of Law Enforcement, any Environmental Hazards that compromise the health and safety of a recipient, and any Elopement or Missing recipient.\*

\*(https://www.hsd.state.nm.us/providers/critical-incident-reporting/, n.d.)

## **REPORTING TABLES**

**TABLE 1** provides a breakdown by region of the following information for FY23:

- Total number of reports made to APS.
- Number of reports screened-in and screened-out.
- Percentage of reports made to APS.
- Total number of Critical Incident Reports (CIR) reviewed.

Region	Total Reports	Screened In	Screened Out	Screen In %	Reports -% of NM	*CIR's Reviewed
Metro	5315	2651	2664	50%	38.6%	22707
NE	1867	1030	837	55%	15.0%	3776
NW	1354	799	555	59%	11.6%	2496
SE	1352	680	672	50%	9.9%	2469
SW	2672	1703	969	64%	24.8%	3944
Grand Total	12560	6863	5697	55%	100.0%	35392

CIRs are now currently filtered by HSD/MCO to reflect more accurate reporting to APS.

**TABLE 2** identifies the reporting methods used to make reports of abuse, neglect or exploitation in FY23.

<b>TABLE 3</b> provides the ty	ype of
each allegation and tot	al in
FY23.	

*Reporting Methods				
Telephone	7679			
Web Intake	1807			
Fax	1488			
Email	1226			
No Response	158			
Mail	151			
Walk-In	49			
Web	2			
<b>Grand Total</b>	12560			

Reporting methods facilitate secure,
prompt APS concern submissions

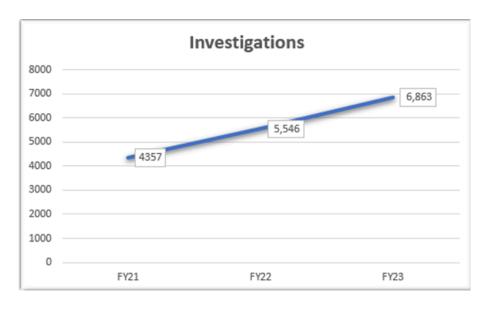
*Allegations - Total				
Neglect	2388			
Self - Neglect	3776			
Exploitation	2343			
Abuse	1893			
Other	21			
Sexual Abuse	4			
Total	10425			

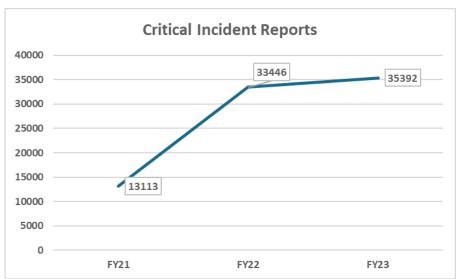
Cases can have more than one allegation.

# INVESTIGATION & CRITICAL INCIDENT REPORT INCREASES

Between FY21 and FY23, APS experienced a 59% increase in substantiated Investigations and a 170% increase in Critical Incident Reports.

The charts below identify the increases.





## **RESPONSE TIME**

In general, cases requiring response within 24 hours are more acute and involve an adult's immediate safety. APS' commitment to ensuring the safety and well-being of vulnerable individuals is reflected in our continued efforts to ensure rapid response times.

## **Emergency**



The percentage of emergency cases requiring faceto-face contact with the alleged victim no later than 3-hours after the case has been received by a screening supervisor, was at 98% in FY23 and FY22.

## **Priority One**



The percentage of priority one investigations requiring a face-to-face contact with the alleged victim within 24 hours of the assignment of the case was at 99.13% in FY23 and 99% in FY22.

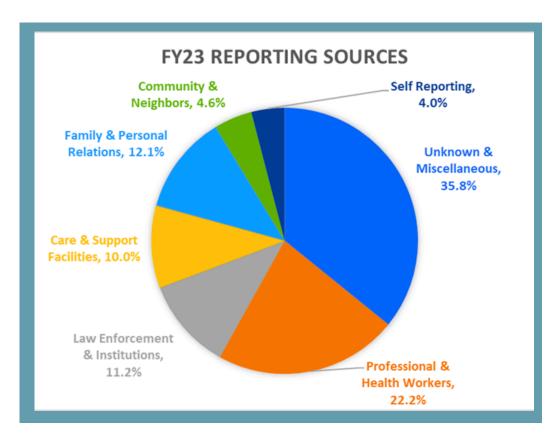
## **Priority Two**



The percentage of priority two investigations requiring a case worker to make initial face to face contact with the alleged victim within than 5 calendar days after being received by the screening supervisor, was at 99% in FY23, up 1% from FY22.

## REPORTING SOURCES

The most frequent reports are often professionals and facility staff in hospitals and residential care settings. Licensed facilities and group homes serving vulnerable adults, are required to submit incident reports of potential abuse, neglect, or exploitation to both the New Mexico Department of Health and APS.



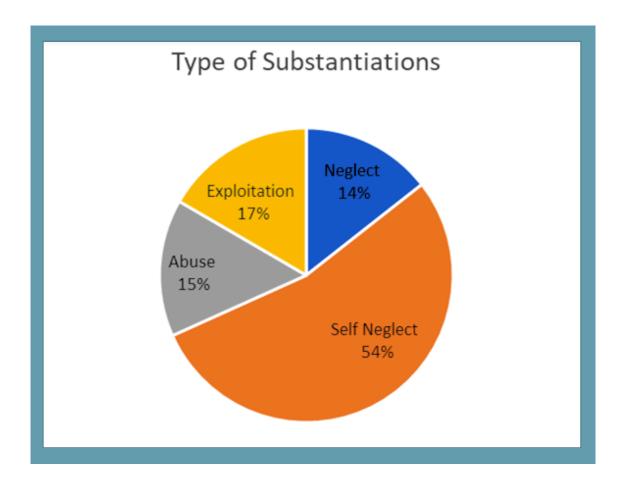
### **Breakdown of Reporting Sources - FY23**

- **35.8%** of reporters were unwilling or refused to disclose their capacity in relation to the victim(s).
- Professional & healthcare workers were the second highest group at 22.2% of reports.
- Law enforcement and institutions made **11.2%** and care facilities came to **10%**.
- Family and friends represented **12**% of reporters, and the broader community represented **8.7**%.
- Only 4% of victims requested assistance for themselves.

## SUBSTANTIATED ALLEGATIONS

In FY23, the most frequently reported and substantiated allegations APS addressed were, self-neglect and exploitation, followed by abuse and neglect.

**Self-neglect** occurrs when an incapacitated adult acts or fails to act in a way that results in deprivation of essential services or supports necessary to maintain their minimal mental, emotional or physical health or safety.

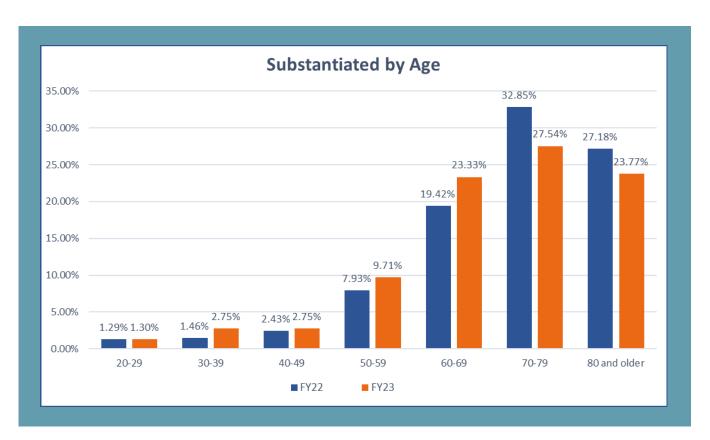


It is not uncommon for abuse and neglect to be alleged in the same case. In FY23, there was an average of 1.53 allegations per case.

## VICTIM DEMOGRAPHICS

#### **Reported Age of Victims**

In FY23, the majority of victims were aged 70-79. We recorded an overall increase in victims between the ages of 20-69. The most significant increase was seen in adults aged 60-69 at 3.91%.



## **Reported Gender & Allegations**

**Women** consistently outnumber men as victims in abuse, neglect, and exploitation cases, accounting for **54%** of substantiated cases in FY23, compared to 51% in FY22.

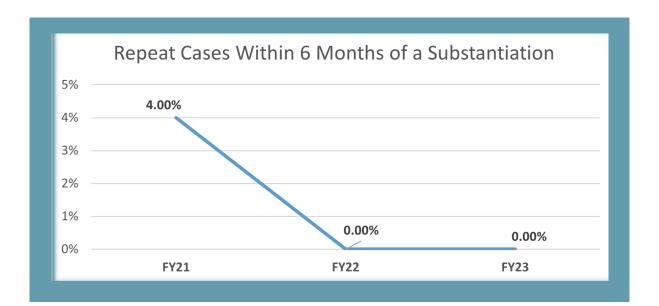
# PIHR MODEL IMPLEMENTATION

The implementation of the nationally recognized Prevention, Intervention, and Harm Reduction (PIHR) model has been instrumental in APS' overall progress in identifying issues up front and working to stop situations before they get worse. By implementing this framework, there should be fewer repeat occurrences of maltreatment and better supports to prevent abuse, neglect, and exploitation.

### **Repeat Cases within Six Months**

In FY23, the were no repeat abuse, neglect, or exploitation cases within six months of a substantiation of an investigation.

APS has been working to ensure that work is done to proactively address any potential concerns of future maltreatment. This approach assists victims of abuse, neglect, and exploitation, enabling them to remain in their homes rather than transitioning to assisted living or nursing facilities.



## **SERVICES & STRATEGIES**

In most investigations with substantiations, the adult victim(s) received a service to meet their needs using our person-centered least restrictive model. Depending on the need and circumstance, clients may receive contracted home care or chore services (may include major cleaning and/or pest control).

These services are funded in part by state general funds, Title 20 funding and ARPA grant funding for APS programs.

#### In FY23:



470
individuals supported
through home &
daycare programs



60, 633 hours of home care



hours of chore services



**1, 170** hours of daycare services

**84%** of these participants remained engaged with APS' services for longer than a month, showcasing the consistent value and trust in our care.

APS also links clients to Medicaid-funded services and will serve as a stopgap until home and community-based services are approved. This contributes to a percentage of adults being transitioned off of APS-funded services.

This focused approach helps many remain comfortable in their homes and communities, promoting independence and quality of life, and reducing the need for assisted living or nursing homes placements.

## PROVIDING SUPPORT

APS proactively engages community engagement specialists to support caseworkers, particularly for post-investigation cases deemed to require ongoing services. Typically, such cases are directed to home care services. APS requires staff to link adults to services and interventions and ensure they are effective prior to closing the case.

For the FY24, Key Performance Measurements, APS has implemented a measurement to quantify the percentage of consumers who successfully engage with the recommended services and remain in a community setting for at least six months.

Initial findings indicate a success rate of **95%** for participants who remained in their homes and communities for six months after APS in-home contracted services were implemented.



The PIHR model has played a pivotal role in achieving this high percentage of successful engagement, since it allows for APS caseworkers to proactively employ various interventions and strategies to ensure adults can remain safely in their homes.

Conversely, the remaining 5% were transitioned to various long-term care facilities, suggesting a need for them to move from their homes to a higher level of care.

## **NEW MEXICARE**

## **Program Overview**

The 2023 Legislative Session invested \$5 million to the State General Fund, for ALTSD to provide services and support to older adults and disabled individuals who are not Medicaid eligible.

The New MexiCare program is a caregiver health model designed to provide financial assistance and training to caregivers who are assisting loved ones with daily activities due to physical or cognitive limitations.

Program participants are provided with an allotment of up to \$12,000 per year for services such as home, respite, or day care, transportation, and home health and safety monitoring.

### **Program Goals**

The program is designed to provide support servies to participants and their caregivers by

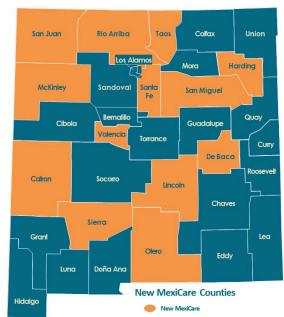
- keeping older adults in their homes and communities of choice and out of nursing homes.
- preventing abuse, neglect and exploitation
- reducing emergency room visits
- reducing involvement with law enforcement
- supporting and educating caregivers to prevent burnout by providing online and inperson trainings.



## **NEW MEXICARE**

New MexiCare is in the following counties, in addition to referrals from APS:

- Harding, Rio Arriba, Santa Fe, San Miguel, Taos
- San Juan, Mckinley, Valencia
- Lincoln, De Baca
- · Catron, Otero, Sierra



#### **New MexiCare Process Flowchart**



## AMERICAN RESCUE PLAN ACT (ARPA) GRANTS

On September 3, 2021, the US Department of Health and Human Services (HHS) Administration for Community Living (ACL) awarded roughly \$85.4 million authorized by the American Rescue Plan Act (ARPA) of 2021 to 55 state and territorial APS programs.

Along with \$93 million provided by the Coronavirus Response and Relief Supplemental Appropriations Act, New Mexico's APS was awarded funding for two ARPA grants in the amount of \$1,995,000.

#### **ARPA Grants**

- August 2021 September 2023 \$645,450
- August 2022 September 2024 \$704, 100 + \$56,450 = \$1,349,550

### **Goals for Program Improvement**

- Customer Service & Outreach
- 2 Home & Community-Based Supports
- Increase capacity & maintain a highly effective, cost-efficient and highly trained program.

## **ARPA PROJECTS**

#### **ARPA Grant 1**

#### **Project 1: Wrap-Around Services**

Need for wrap-around services such as elder shelter, home modifications, hotel vouchers, food vouchers, transportation assistance, and other emergency housing.

#### **Project 2: Staff**

APS program is understaffed.

#### **Project 3: Training & Support**

Need for additional training around leadership, supervision, and community health worker training.

#### **Project 4: Outreach Program & Homebound Companion Program**

Improve community understanding of APS and referrals.

#### **ARPA Grant 2**

#### **Project 1: Wrap-Around Services**

Need for wrap-around services such as elder shelter, home modifications, hotel vouchers, food vouchers, transportation assistance, and other emergency housing.

#### **Project 2: Staff**

APS program is understaffed.

#### **Project 3: Training & Support**

Need for additional training.

### **Project 4: Technology Upgrade**

Upgrades to existing technology systems

### **Project 5: Outreach**

Improve community understanding of APS and referrals

# ACCOMPLISHMENTS BY THE NUMBERS



1%

APS staff turnover rate in FY23



time APS was featured in the NAPSA podcast



3

presentations by APS staff at national conferences



100%

of the \$704,100 CCRSA funding received during the pandemic was spent by APS



\$104,000

additional funding awarded to be used for a Care Transition & Hospital Discharge Coordinator position



410

outreach presentations conducted by APS staff



31

guardianships pursued using the APS personcentered model



484

food boxes delivered to APS clients



627

referrals to outside communities



201

Clients who received APS- funded homecare services



24

Emergency placements pursued, using the APS person-centered model

## **PHOTO HIGHLIGHTS**



THANKSGIVING BASKET RECIPIENT NE REGION



THANKSGIVING BASKET DELIVERY SE REGION



RUSSELL CAIN AWARD RECIPIENT SHIRLEY MEDINA



NAPSA PRESIDENT'S AWARD
PRESENTED TO ESPERANZA LUCERO



**APS NORTHWEST REGION** 

## RECOMMENDATIONS

1

#### **Staff**

Add a registered nurse to provide clinical recommendations and technical assistance, regarding complex medical conditions or medical records.

## **Agreements & Contracts**

Update the existing Intergovernmental Agreements (IGAs) with the Department of Health (DOH), in order to strengthen investigations in long-term care facilities and for individuals receiving developmental disability support services.

2

Contract with a forensic accountant to bolster exploitation cases.

Establish an agreement between the Development Disability Supports Division and APS. This agreement should include a referral and triage process for incapacitated DD-qualified adults and establishing consultation and presumptive eligibility to quickly identify and get approval for waiver services.

3

### **Programmatic**

Advocate for permanent federal funding for APS, to assist the ongoing programmatic objectives at the conclusion of the existing federal funding in 2024.

## **SUMMARY**

Throughout FY23, Adult Protective Services received 12,560 reports of adult abuse, neglect, or exploitation, with approximately 55% of those reports accepted, making this the highest percentage of accepted reports over the last 4 fiscal years. By the end of FY23, APS conducted 6,925 investigations. In addition, there were 35,392 Critical Incident reports reviewed

The broader society is progressively recognizing the unique challenges confronting our elderly population and adults with disabilities. This awareness suggests that the number of reports to APS will likely grow in the coming years. Of the cases investigated in FY23, 10% were found to be verified, with self-neglect cases prominently leading the substantiated counts. Subsequent to these findings, APS swiftly initiated remedial actions. A majority of the affected individuals were promptly connected with services aimed at thwarting future instances of abuse, neglect, or exploitation. Our focused interventions, particularly the provision of in-home services, have played a crucial role in elevating the safety levels for these individuals. Such measures have also reduced premature shifts to institutionalized care and minimized the risk of recurrent maltreatment in high-risk settings.

APS was awarded over \$1.9 million in grant funds under ARPA, which helped to provide wrap-around services, upgrade fleet, provide for more outreach opportunities, and a better-trained workforce and \$5 million to New Mexicare to provide support services to participants and their caregivers. APS staff continues to make positive impacts in the communities served, as evidenced by our accomplishments. At APS, our enduring pledge is to educate, inform, and empower those in our communities.



## **CONTACT US**

## **Adult Protective Services Division**

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If you suspect an adult is being abused, neglected, or exploited, call Adult Protective Services Statewide Intake at 1-866-654-3219

Aging & Long-Term Services Department 2550 Cerillos Road Santa Fe, NM 87502 aging.nm.gov

@NewMexicoAging









**NEW MEXICO** AGING & LONG-TERM DEPARTMENT