

WHAT IS THE CARE TRANSITION PROGRAM?

- ✓ Works with individuals wishing to transition to the community from a nursing facility
- ✓ Employs Care Transition Specialists who are strong advocates, skilled at assisting & coordinating services
- ✓ Provides long-term care options for New Mexicans and short-term assistance to connect individuals with programs and services
- ✓ Uses a person-centered approach and face-to-face assistance to establish goals and preferences of the individual

**Gateway to other
community services
through the aging
and long-term
services department**

**AGING & DISABILITY
RESOURCE CENTER**

1-800-432-2080
TTY: 505-476-4937

**ADULT PROTECTIVE
SERVICES**

1-866-654-3219
TTY: 505-476-4912

**LONG-TERM CARE
OMBUDSMAN PROGRAM**

1-866-451-2901



CARE TRANSITION PROGRAM

**SERVING ALL OF
NEW MEXICO**



CARE TRANSITION SPECIALISTS CAN:

- **Advocate** for your needs
- **Assess** your needs, goals and preferences through a personalized interview
- **Provide information** and assist in discharge planning
- **Help you connect** to personal, public and private resources that address your needs
- **Develop an action plan** tailored to your needs and circumstances to be successful in the community
- **Follow up** to keep you informed and assess for additional needs

IS THE CARE TRANSITION PROGRAM RIGHT FOR YOU?



Are you a resident of a Nursing Facility who would like to return to the community?



Are you in a Nursing Facility and need assistance navigating the long-term care service system?

If you answered **YES** to either of these questions, then the Care Transition Program may be for you!



INTERESTED IN THE CARE TRANSITION PROGRAM?

**REQUEST A REFERRAL
BY CALLING:**

ADRC: 1-800-432-2080
Santa Fe: 505-476-4846
TTY: 505-476-4937

aging.nm.gov
[@NewMexicoAging](https://www.instagram.com/NewMexicoAging)

