

WHAT IS THE CARE TRANSITION PROGRAM?

- ✓ Works with individuals wishing to transition to the community from a nursing facility
- ✓ Employs Care Transition Specialists who are strong advocates, skilled at assisting & coordinating services
- ✓ Provides long-term care options for New Mexicans and short-term assistance to connect individuals with programs and services
- ✓ Uses a person-centered approach and face-to-face assistance to establish goals and preferences of the individual

Gateway to other community services through the aging and long-term services department

AGING & DISABILITY RESOURCE CENTER

1-800-432-2080

TTY:505-476-4937

ADULT PROTECTIVE SERVICES

1-866-654-3219

TTY: 505-476-4912

LONG-TERM CARE OMBUDSMAN PROGRAM

1-866-451-2901



CARE TRANSITION PROGRAM

SERVING ALL OF NEW MEXICO



CARE TRANSITION SPECIALISTS CAN:

- **Advocate** for your needs
- **Assess** your needs, goals and preferences through a personalized interview
- **Provide information** and assist in discharge planning
- **Help you connect** to personal, public and private resources that address your needs
- **Develop an action plan** tailored to your needs and circumstances to be successful in the community
- **Follow up** to keep you informed and assess for additional needs

IS THE CARE TRANSITION PROGRAM RIGHT FOR YOU?

- ✓ Are you a resident of a Nursing Facility who would like to return to the community?
- ✓ Are you in a Nursing Facility and need assistance navigating the long-term care service system?

If you answered **YES** to either of these questions, then the Care Transition Program may be for you!



INTERESTED IN THE CARE TRANSITION PROGRAM?

REQUEST A REFERRAL BY CALLING:

ADRC: 1-800-432-2080
Santa Fe: 505-476-4846
TTY: 505-476-4937

aging.nm.gov
[@NewMexicoAging](https://www.instagram.com/NewMexicoAging)

