BUREAU OF BUSINESS & ECONOMIC RESEARCH

Census Data Access & Pop Demographics

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# New Mexico Aging and Long-Term Services Department
June 12, 2025

Agenda – Census Data Access & Brief NM Economic Overview

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Census Data Access for Population
&
Brief NM Economic Overview 2025

- Demographic & Health Data
  - Population Change –
    - Births,
    - Deaths and
    - Migration
    - Rural/Urban
    - Median Age
  - Poverty
  - Healthcare
  - data.census.gov - demo

- Brief US & NM Economic Situation
  - Employment
  - Tariffs
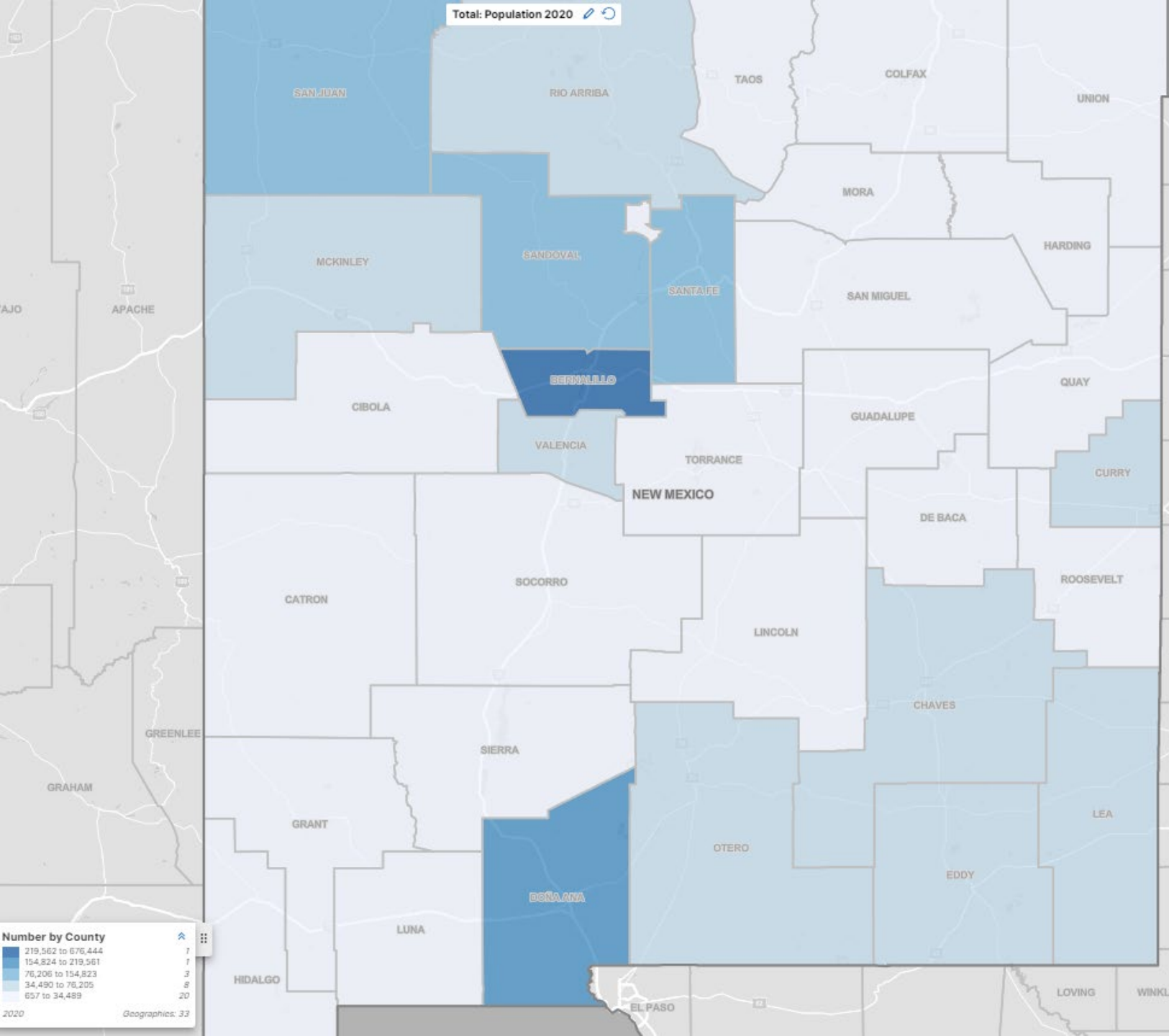
NM Population

2020
NM Decennial Population… 2,117,522

2023
US Census Population Estimate Program:

NM Population… 2,114,371
Male…   1,051,056
Female…   1,063,315

Population densities very across the state as New Mexico has Urban and Rural Area.

NM Geographic Area (Counties that Lost Population)	Annual Change, July 1, 2023 to July 1, 2024						
	Total Population Change[1]	Vital Events			Net Migration		
		Natural Change	Births	Deaths	Total	International[2]	Domestic
New Mexico	**9,092**	**-1,437**	**20,833**	**22,270**	**10,532**	**12,103**	**(X)**
Bernalillo County	-825	-142	6,579	6,721	-675	3,943	-4,618
Catron County	-8	-54	14	68	46	0	46
Cibola County	-55	-90	231	321	33	39	-6
Colfax County	-5	-81	92	173	75	77	-2
Curry County	-165	148	640	492	-311	234	-545
De Baca County	-15	-14	15	29	-1	0	-1
Harding County	-8	4	8	4	-13	1	-14
Hidalgo County	-13	-11	33	44	-1	22	-23
Lincoln County	-22	-147	145	292	125	31	94
McKinley County	-128	-76	764	840	-57	162	-219
Mora County	-29	-22	35	57	-6	0	-6
Quay County	-150	-78	64	142	-73	-1	-72
Roosevelt County	-166	5	216	211	-171	7	-178
San Juan County	-90	-25	1,357	1,382	-69	241	-310
San Miguel County	-205	-136	202	338	-73	23	-96
Sierra County	-146	-183	88	271	36	3	33
Socorro County	-61	-49	153	202	-12	23	-35
Taos County	-2	-171	227	398	173	167	6
Union County	-46	-40	32	72	-5	0	-5

NM Geographic Area (Gained population)	Annual Change, July 1, 2023 to July 1, 2024						
	Total Population Change[1]	Vital Events			Net Migration		
		Natural Change	Births	Deaths	Total	International[2]	Domestic
New Mexico	**9,092**	**-1,437**	**20,833**	**22,270**	**10,532**	**12,103**	**(X)**
Doña Ana County	2,832	262	2,315	2,053	2,563	1,694	869
Eddy County	782	110	731	621	672	334	338
Grant County	29	-225	227	452	255	96	159
Guadalupe County	51	-13	28	41	63	43	20
Lea County	1,648	241	868	627	1,400	1,671	-271
Los Alamos County	255	14	157	143	237	197	40
Luna County	305	50	349	299	254	260	-6
Otero County	357	45	741	696	313	546	-233
Rio Arriba County	34	-174	402	576	208	186	22
Sandoval County	1,814	-167	1,301	1,468	1,988	435	1,553
Santa Fe County	1,258	-444	1,109	1,553	1,708	1,309	399
Torrance County	287	-27	158	185	317	4	313
Valencia County	1,550	36	825	789	1,522	148	1,374

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US Births

In 2022, the average woman gave birth for the first time at 27.4 years old, according to the most recent data from the Centers for Disease Control and Prevention. This was up from 2011, when the average mom was 25.6 at the birth of her first child.

NM Median Age

2023
US Median Age… 38.7

Median age (years) - Total | SUMMARY INDICATORS | Total population

Number by County

52.8 to 62.6	3
43.2 to 52.7	7
39.4 to 43.1	9
35.2 to 39.3	8
31.9 to 35.1	6

2023   *Geographies: 33*

NM Median Age …   **39.2**
Male …   38.0
Female…   40.4

Counties with older populations
Catron…   62.6
Mora…   58.5
Sierra…   57.3

High Population Counties -
Bernalillo…39.3   Doña Ana… 34.0
San Juan… 38.0   Sandoval…41.1
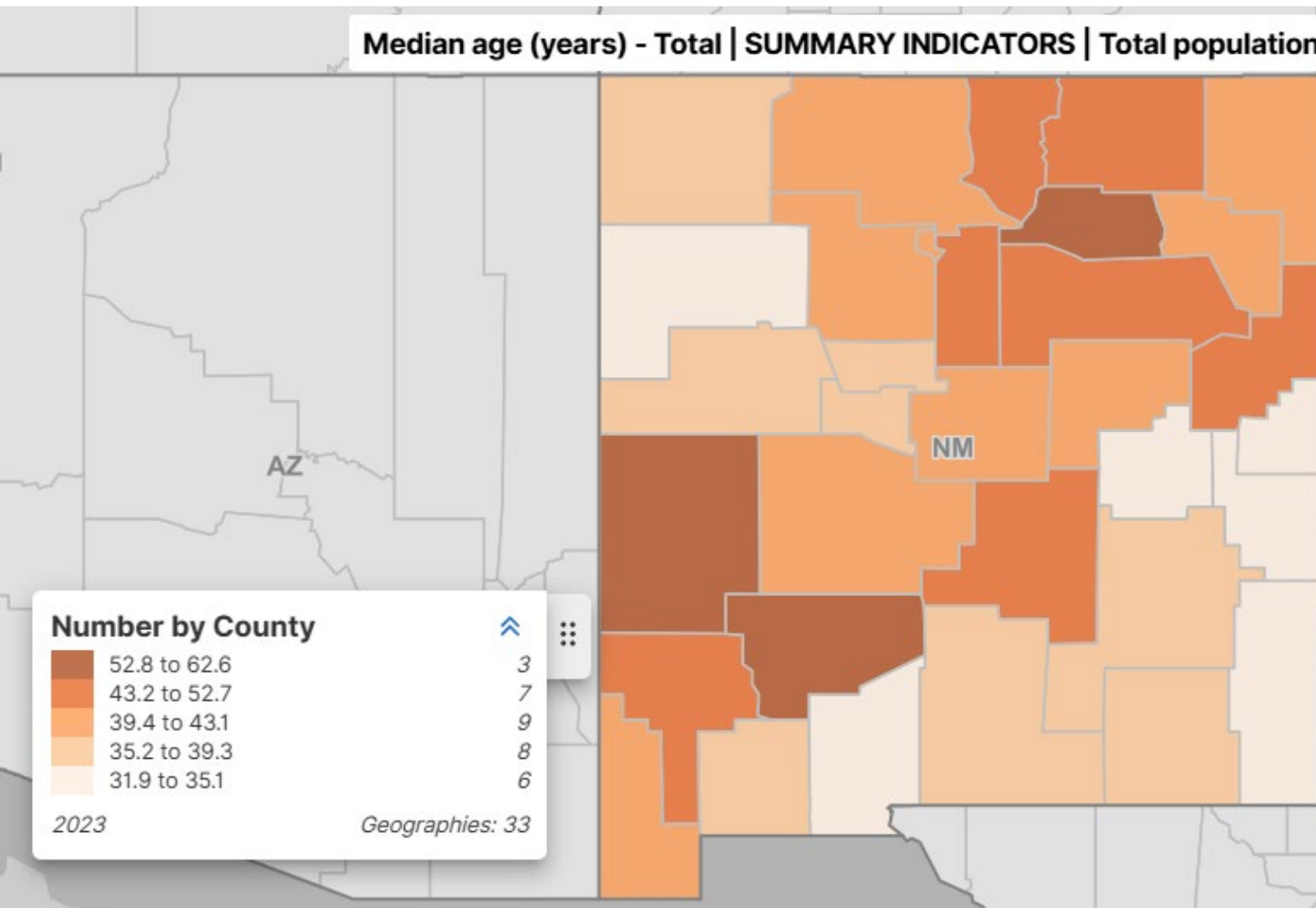Santa Fe…48.5

Counties with younger populations
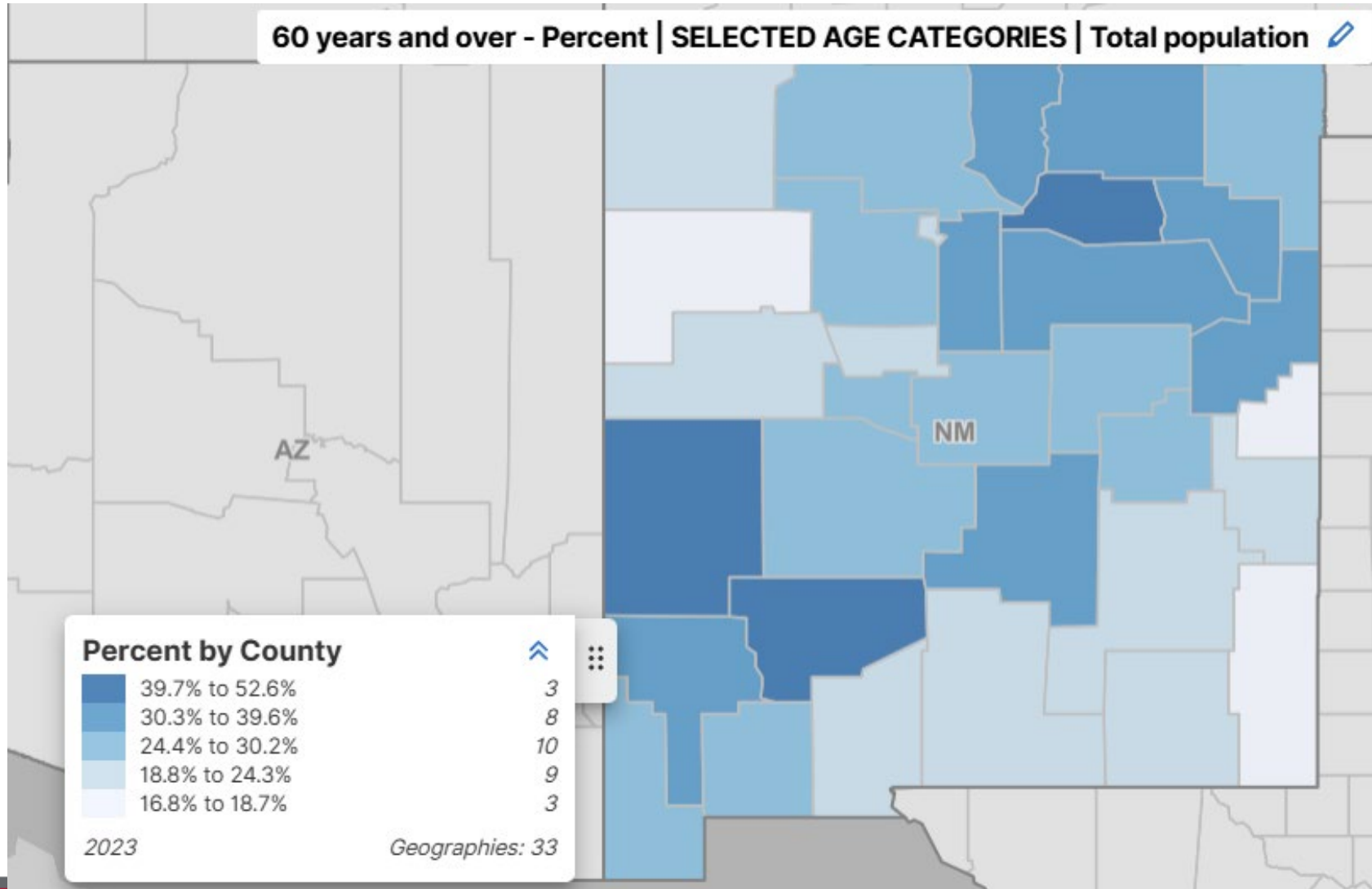De Baca…35.1   Curry…   31.9
Roosevelt…32.0   Lea… 32.5
Doña Ana…34.0   McKinley… 34.1

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Older Population by County 2023

60 years and over - Percent | SELECTED AGE CATEGORIES | Total population

Percent by County

39.7% to 52.6%	3
30.3% to 39.6%	8
24.4% to 30.2%	10
18.8% to 24.3%	9
16.8% to 18.7%	3

2023 — Geographies: 33

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NM Age Dependency Ratio by County

A higher ratio indicates more financial stress on working people

Number by County

94.7 to 121.5	2
83.4 to 94.6	6
71.9 to 83.3	8
66.6 to 71.8	9
61.4 to 66.5	8

2022   Geographies: 33

The dependency ratio is derived by dividing the population under 18 plus the population over 65 by the 18-to-64 population and multiplying by 100.
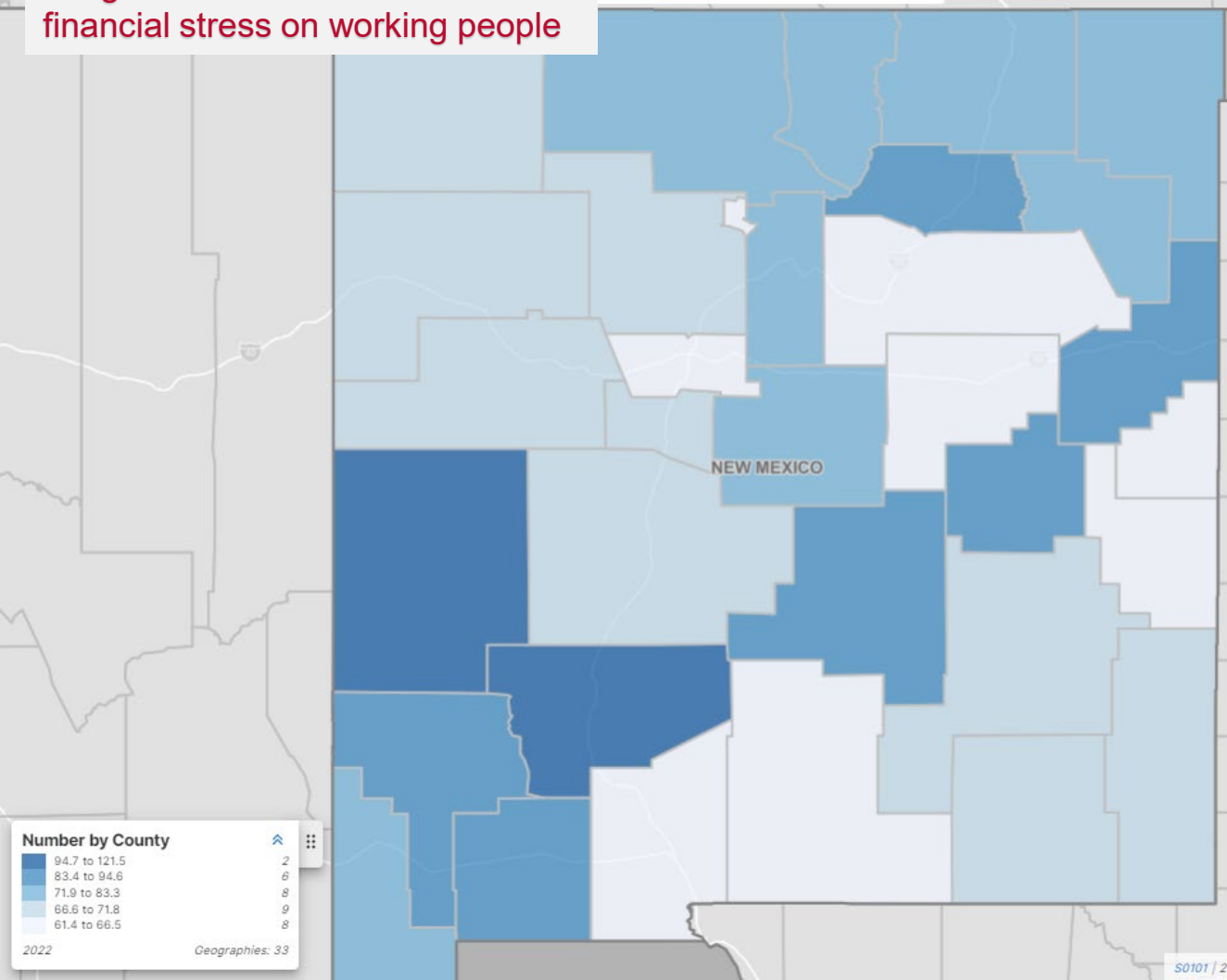
Highest Dependency -
Catron… 121.5   Sierra…   108.0

High Population Counties -
Bernalillo… 61.8   Doña Ana…66.5
San Juan… 70.8   Sandoval… 70.4
Santa Fe… 75.6
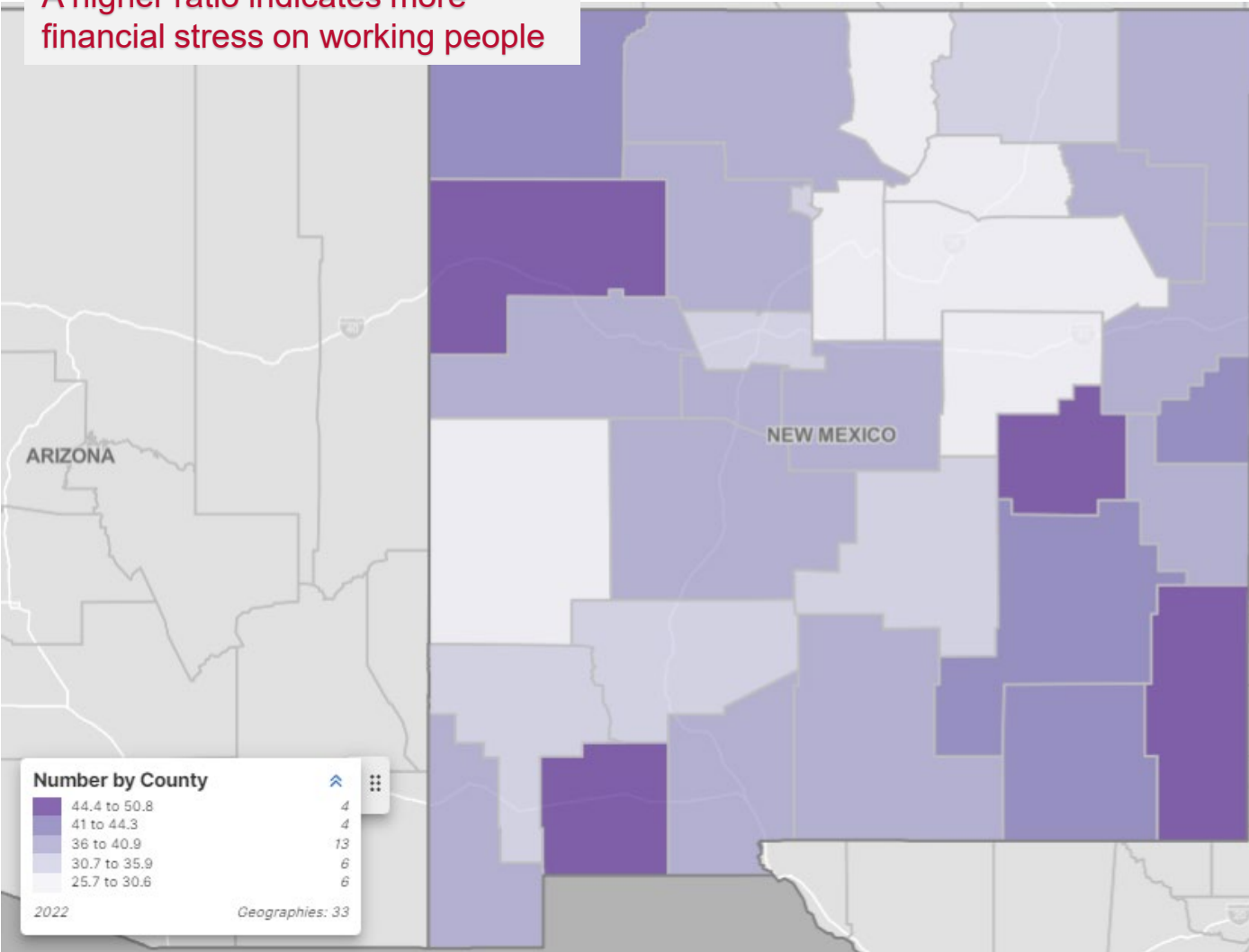
Lowest Dependency -
Guadalupe…61.0   Bernalillo…   61.8
Roosevelt… 63.9   Curry…   64.7
Otero…   64.7   Los Alamos… 64.8

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NM Child Dependency Ratio by County

A higher ratio indicates more financial stress on working people

Number by County

44.4 to 50.8	4
41 to 44.3	4
36 to 40.9	13
30.7 to 35.9	6
25.7 to 30.6	6

2022   Geographies: 33

The child dependency ratio is derived by dividing the population under 18 by the 18-to-64 population and multiplying by 100.

Highest Dependency -

Lea…	50.8	Luna…	50.7
De Baca…	47.6	McKinley…	47.3

High Population Counties -

Bernalillo…	34.1	Doña Ana…	39.7
San Juan…	44.0	Sandoval…	38.3
Santa Fe…	30.1		

Lowest Dependency -

Mora…	30.0	Guadalupe…	29.9
San Miguel…	28.2	Catron…	25.7
Taos…	30.6		

NM Old-age Dependency Ratio by County

A higher ratio indicates more financial stress on working people

Number by County

74.8 to 95.8	1
55.5 to 74.7	2
39.6 to 55.4	7
29.4 to 39.5	11
18.6 to 29.3	12

2022   Geographies: 33
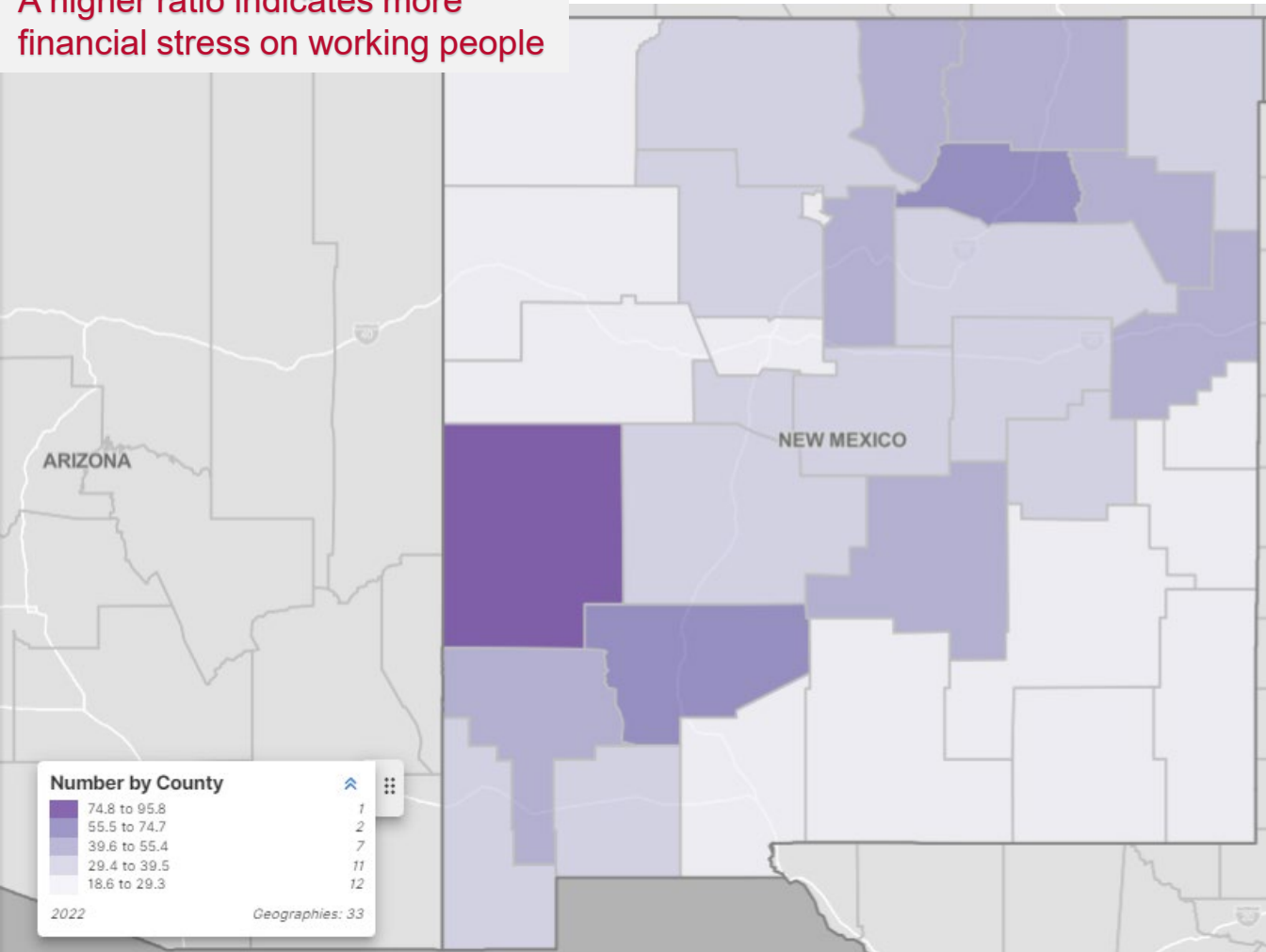
The old-age dependency ratio is derived by dividing the population 65 and over by the 18-to-64 population and multiplying by 100.

Highest Dependency -

Catron…   95.8   Sierra…   74.7
Mora…   64.7   Lincoln…   55.4

High Population Counties -

Bernalillo… 27.7   Doña Ana… 26.8
San Juan…   26.8   Sandoval…   32.1
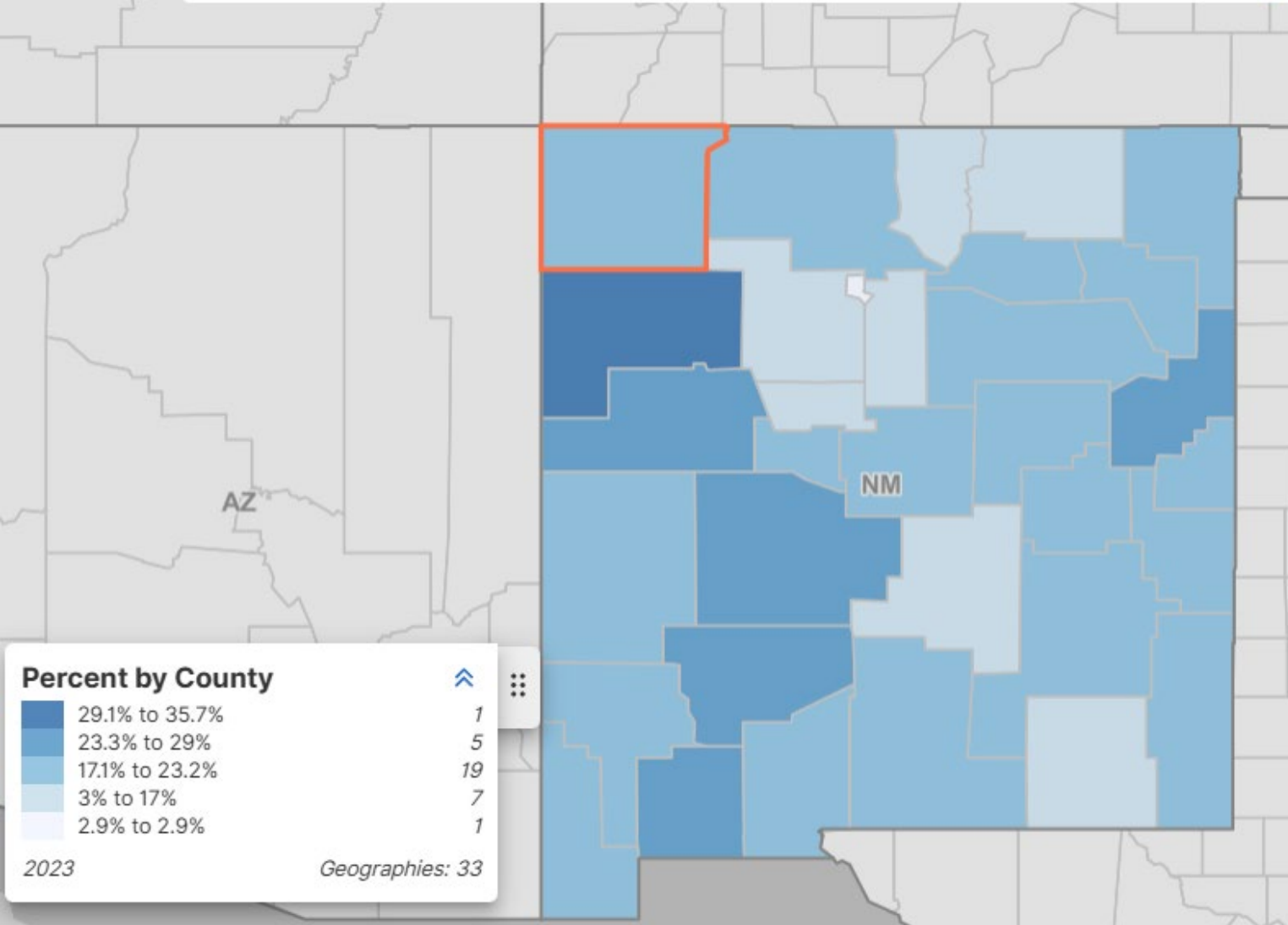Santa Fe…   45.5

Lowest Dependency -

Lea…   18.7   Curry…   20.3
McKinley…   21.5

Source: US Census Bureau American Community Survey 5 year estimates for 2022 table S0101

NM Poverty 2023

Population for whom poverty status is determined - Percent below poverty level ✎

Percent by County

29.1% to 35.7%	1
23.3% to 29%	5
17.1% to 23.2%	19
3% to 17%	7
2.9% to 2.9%	1

2023 — Geographies: 33

US 12.4% below poverty

NM…   18.1%
Male…   16.6%
Female…19.6%

Highest Poverty -

McKinley… 35.7%	Socorro… 29%
Cibola… 27.6%	Luna… 26.1%

High Population Counties -

Bernalillo… 15.8%	Doña Ana… 22.2%
San Juan… 23.2%	Sandoval… 10.0%
Santa Fe… 12.5%	

Lowest Poverty -

Los Alamos…2.9%	Eddy… 12.4%
Taos… 14.4%	Lincoln…16%

Source: US Census Bureau American Community Survey 5 year estimates for 2023 table S1701

NM Counties- age 60 and over, below poverty

Below 100 percent of the poverty level - for the population 60 and over

AZ

NM

Percent by County

23.3% to 35.7%	1
20.2% to 23.2%	5
16.1% to 20.1%	5
12.6% to 16%	3
10% to 12.5%	3

2023 *Geographies: 17*

Source: US Census Bureau American Community Survey 5 year estimates for 2023 table S1701
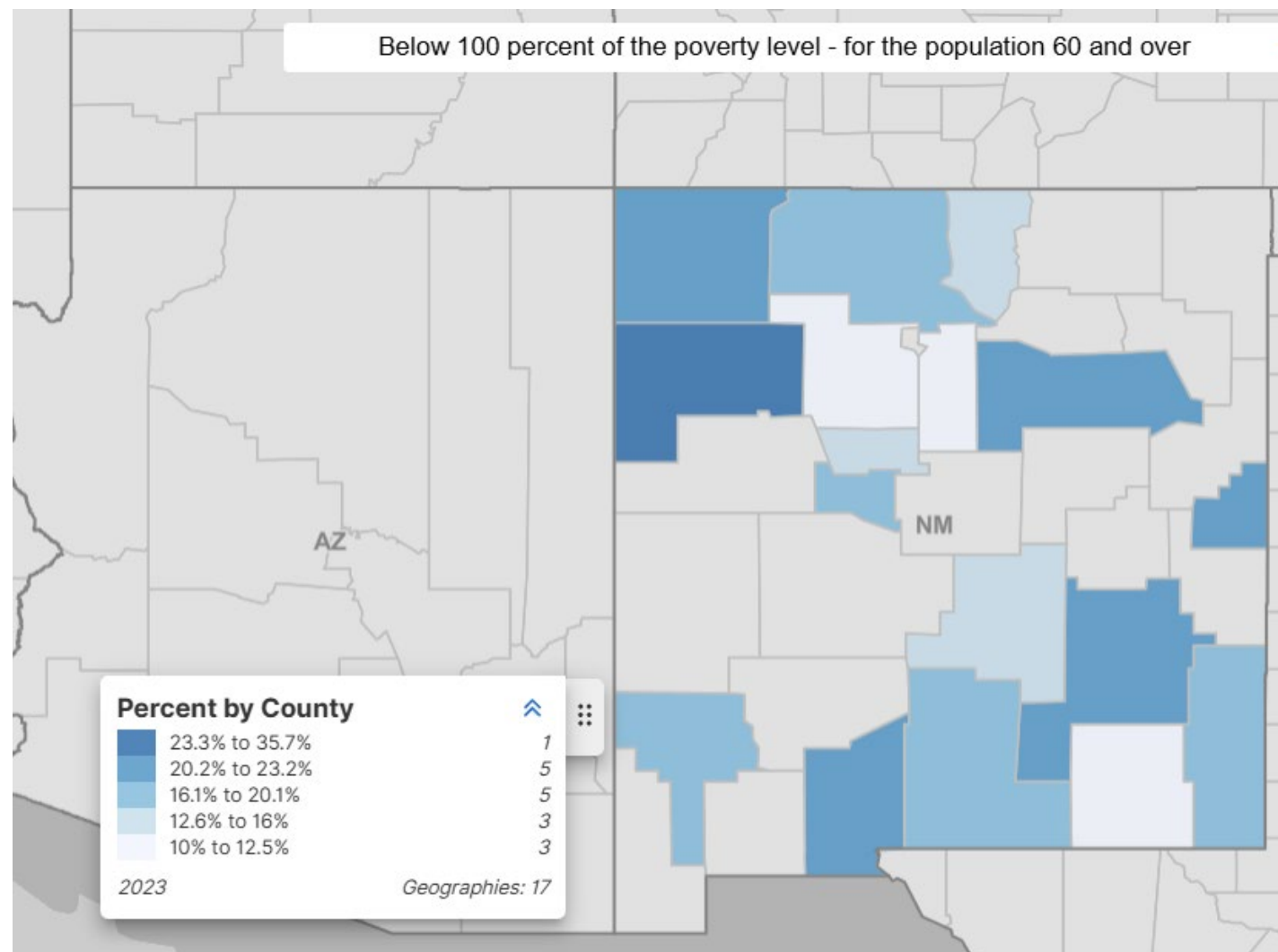
# NM Households by presence of people 60 years and over receiving food stamps/SNAP 2023

At least one person in household 60 years or over - Household received Food Stamps/SNAP in the past 12 months

Number by County

Range	Count
5,986 to 16,579	1
3,125 to 5,985	1
1,572 to 3,124	7
624 to 1,571	9
8 to 623	15

2023   Geographies: 33
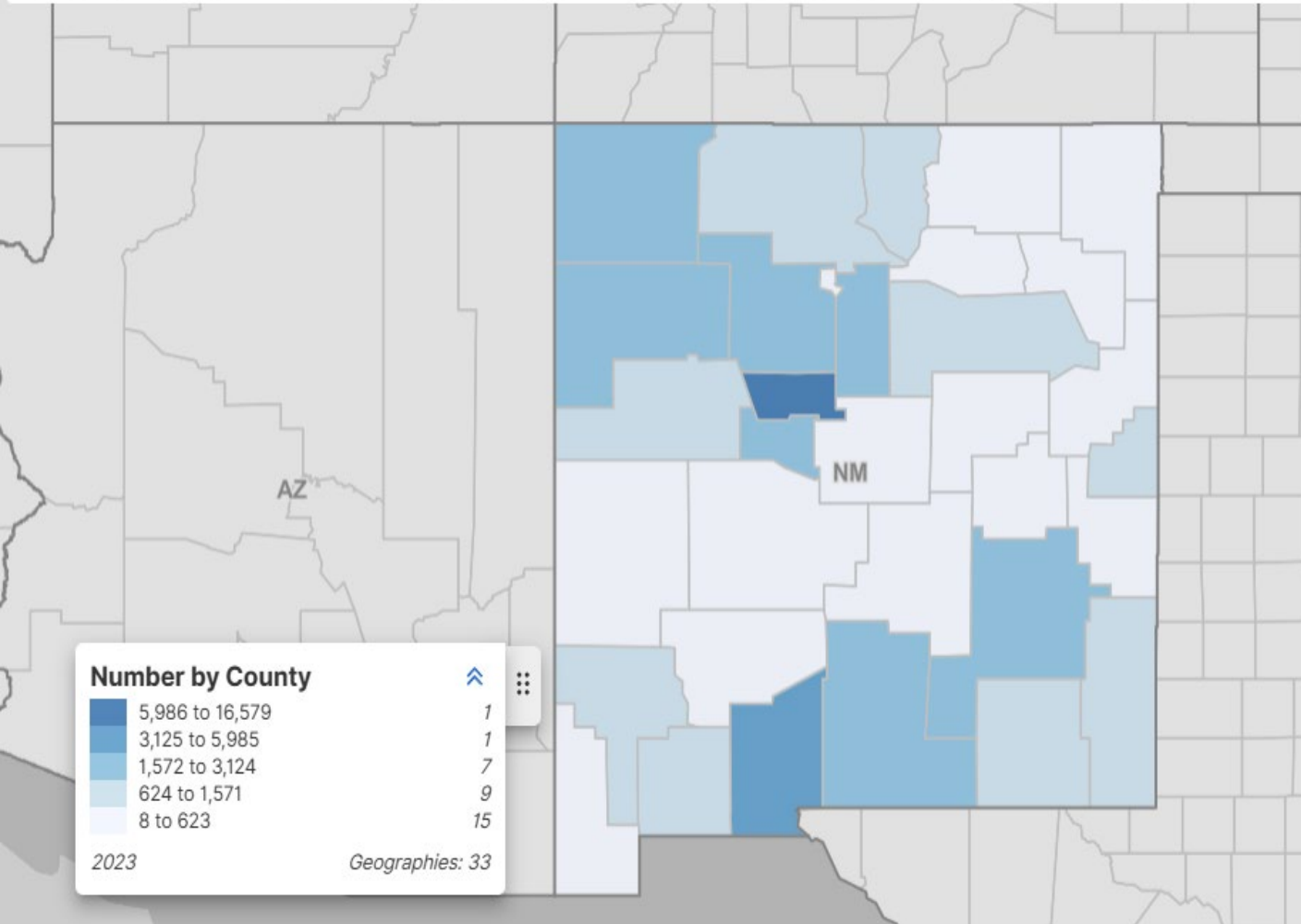
County	Value	County	Value
Bernalillo…	16,579	Catron…	192
Chaves…	1,924	Cibola…	713
Colfax…	456	Curry…	1,104
De Baca…	80	Doña Ana…	5,985
Eddy…	948	Grant…	894
Guadalupe…	263	Harding…	8
Hidalgo…	46	Lea…	1,111
Lincoln…	236	Los Alamos…	121
Luna…	758	McKinley…	2,948
Mora…	173	Otero…	1,953
Quay…	448	Rio Arriba…	2,247
Roosevelt…	458	San Juan…	3,124
San Miguel…	1,571	Sandoval…	2,884
Santa Fe…	2,730	Sierra…	401
Socorro…	544	Taos…	904
Torrance…	623	Union…	123
Valencia…	2,279		

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Percent Population with Healthcare Insurance
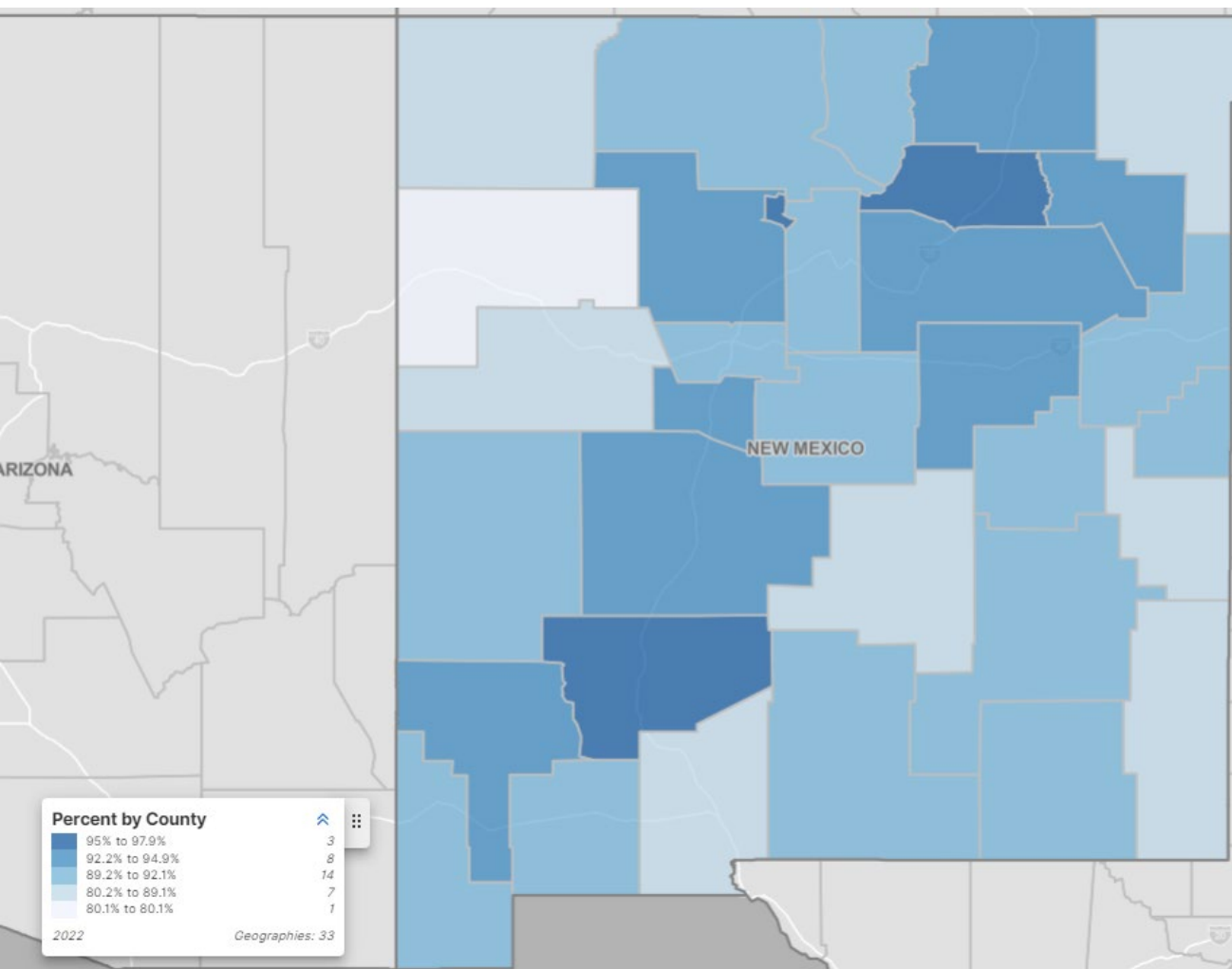
New Mexico Statewide is 90.5%

Highest coverage -
Mora…   97.9%   Los Alamos… 96.6%
Sierra…   96.0%

High Population Counties -
Bernalillo… 91.5%   Doña Ana… 89.1%
San Juan…   87.4%   Sandoval… 93.6%
Santa Fe…   90.2%

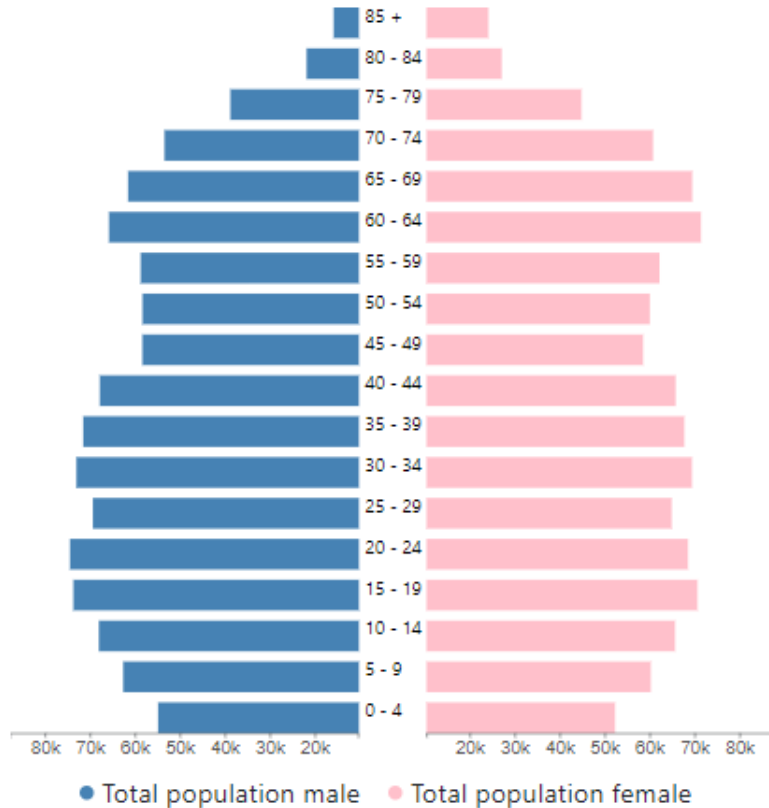Lowest coverage -
McKinley… 80.1%   Lea…   86.1%
Lincoln…   87.0%   Cibola…   88.2%
Union…   88.4%   Roosevelt… 88.5%
Quay…   89.7%

Percent by County
95% to 97.9%	3
92.2% to 94.9%	8
89.2% to 92.1%	14
80.2% to 89.1%	7
80.1% to 80.1%	1
2022	Geographies: 33

BBER Population pyramids on web

Population Pyramid - 2023
New Mexico

https://bber.unm.edu/data/counties?county=Bernalillo

Data Source: 2023 US Census Bureau, Population Division
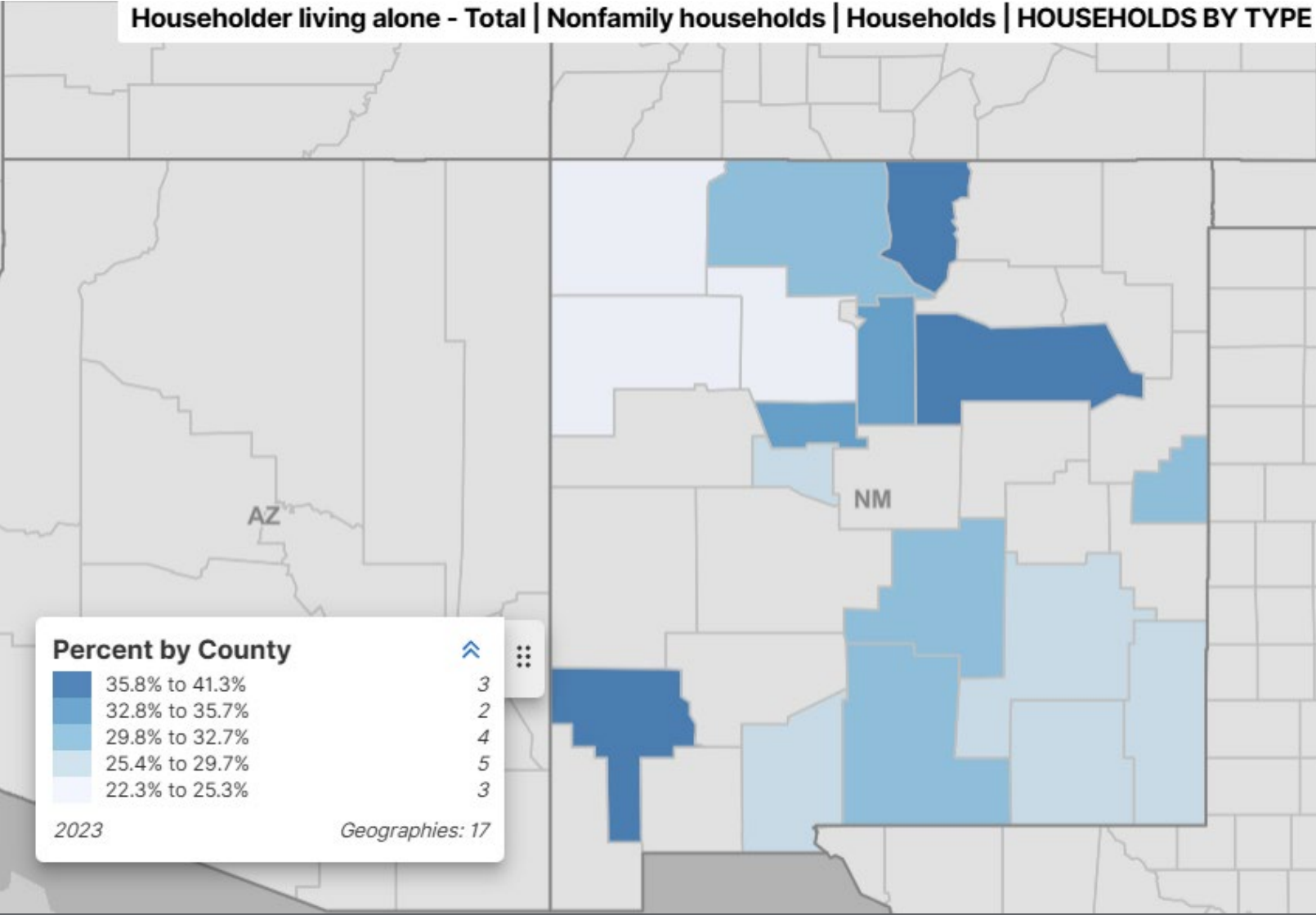
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data.census.gov

Householder living alone - Total | Nonfamily households | Households | HOUSEHOLDS BY TYPE

Percent by County

35.8% to 41.3%	3
32.8% to 35.7%	2
29.8% to 32.7%	4
25.4% to 29.7%	5
22.3% to 25.3%	3

2023 *Geographies: 17*

AZ

NM

Statistics in Schools

STATISTICS
IN SCHOOLS
Classrooms Powered by Census Data

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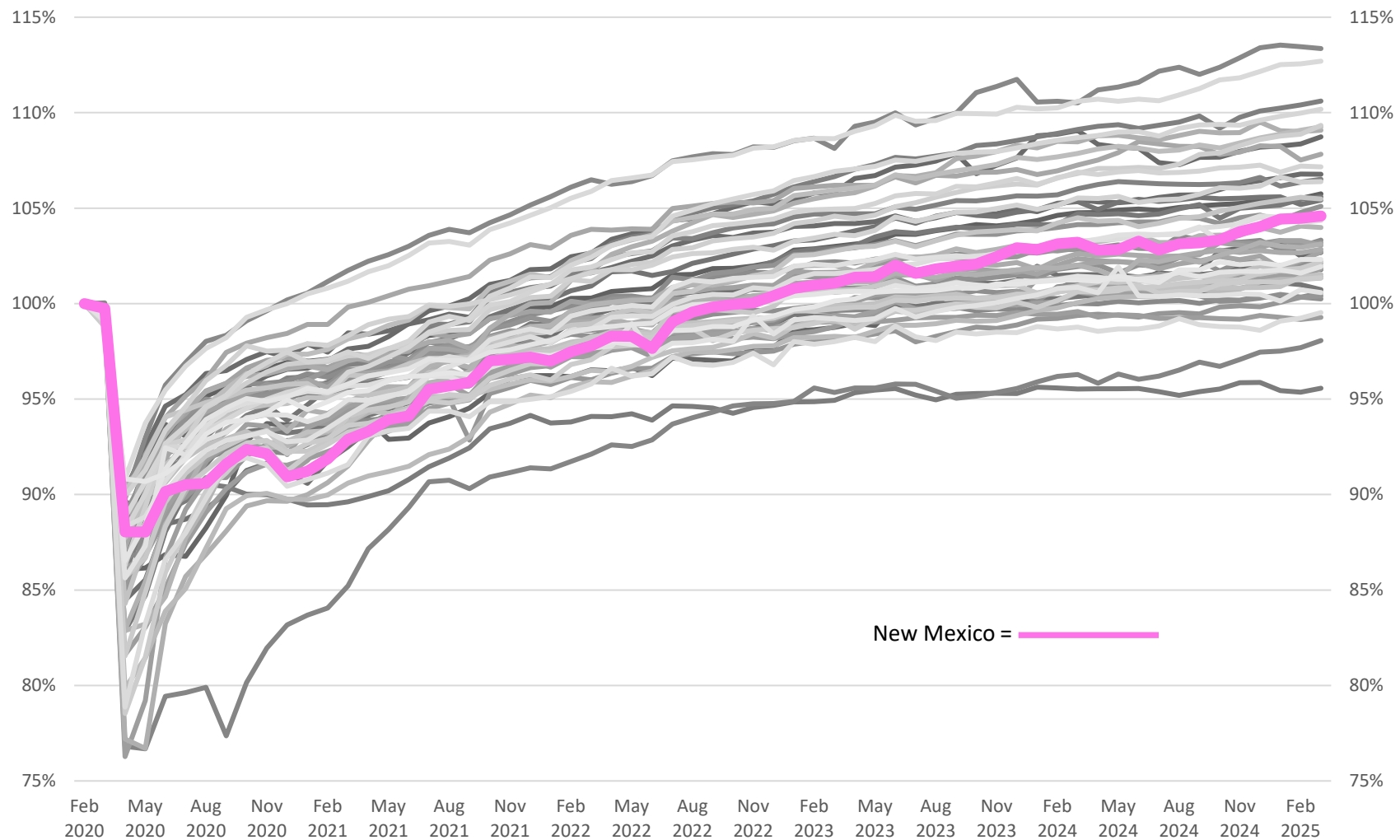NM Economic Situation 2024
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NM vs. US Employment from 2000 to Present
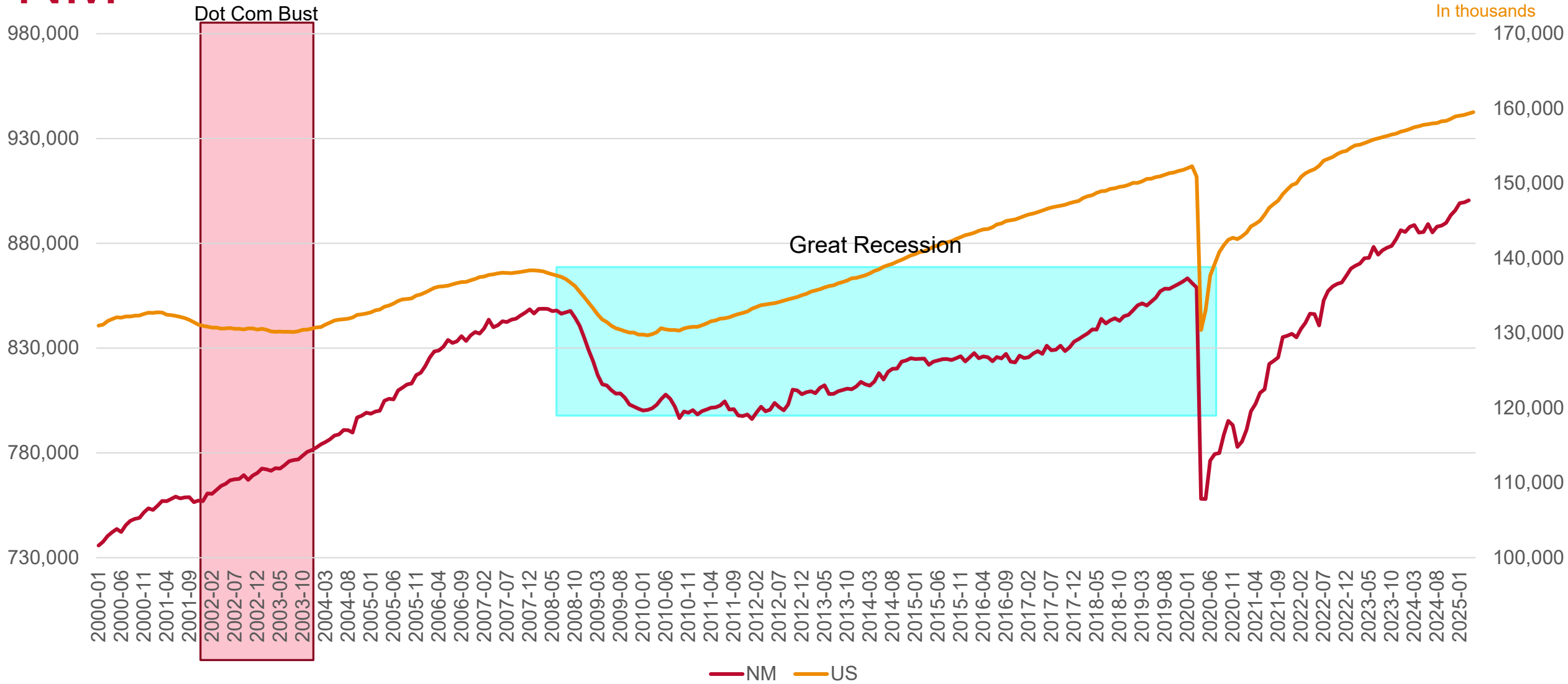
Total Non-Farm Employment Seasonally Adjusted
Source: US Bureau of Labor Statistics Current Employment Statistics program

Change in Employment (CES data)
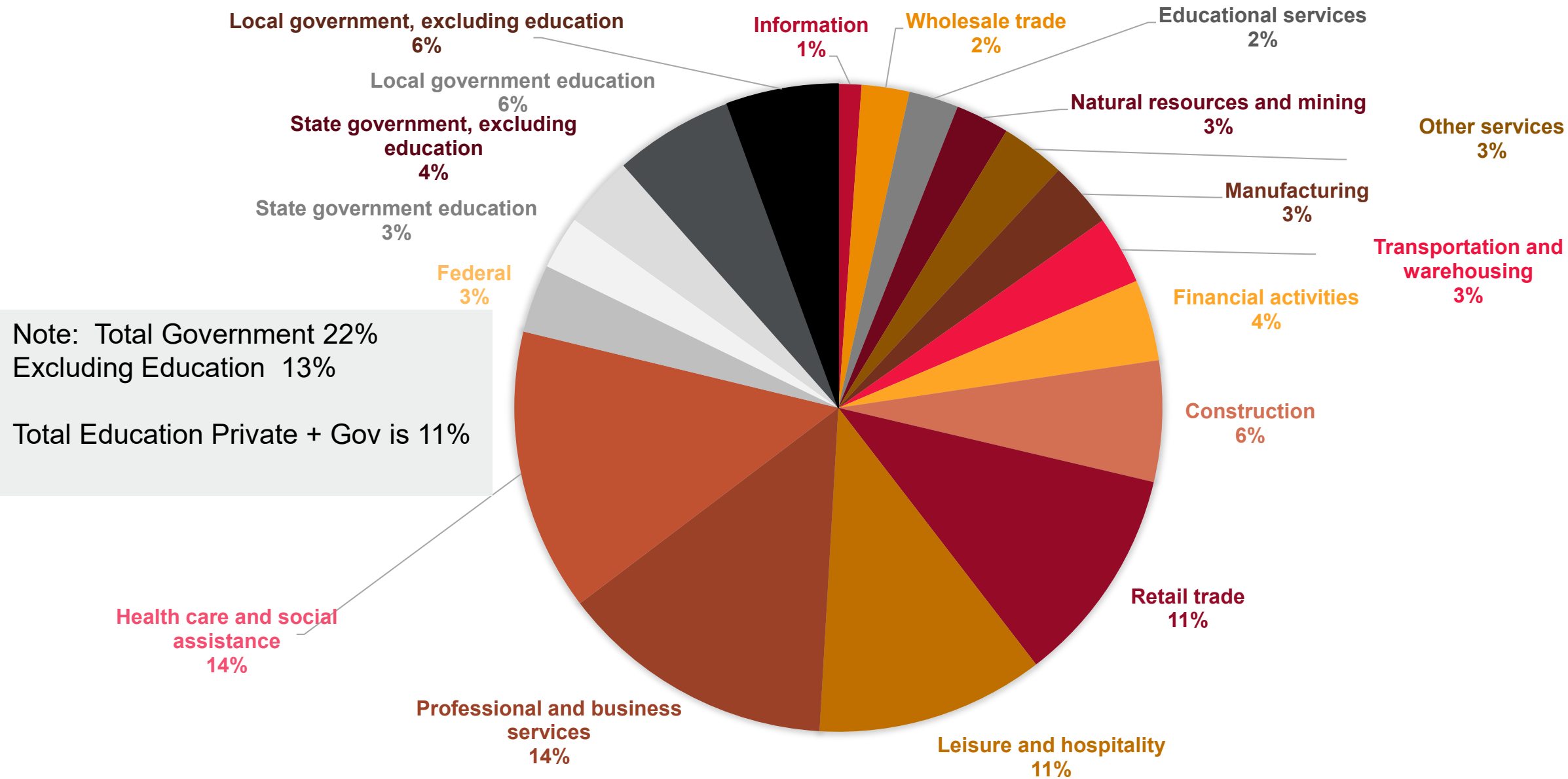
Employment by State Indexed to Respective February 2020 (=100%) Levels
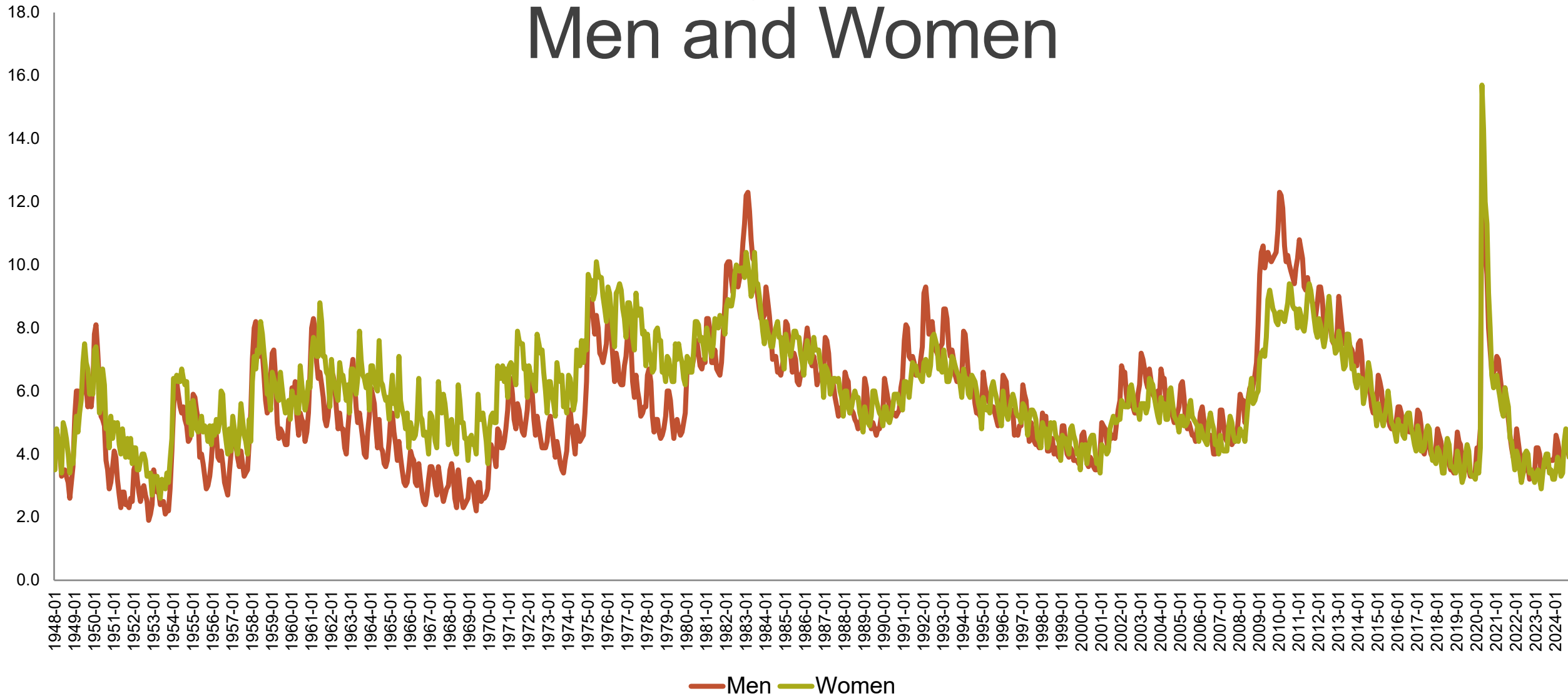

New Mexico =

- As of March 2025, NM has recovered about 104.5% of the jobs it lost at the start of the pandemic.
- 18 states have had stronger recoveries than NM.
- Other surrounding states:
  - AZ 109%;
  - CO 105%;
  - OK 106%;
  - NV 109%;
  - CA 102%.

Source: BLS CES, through March 2025
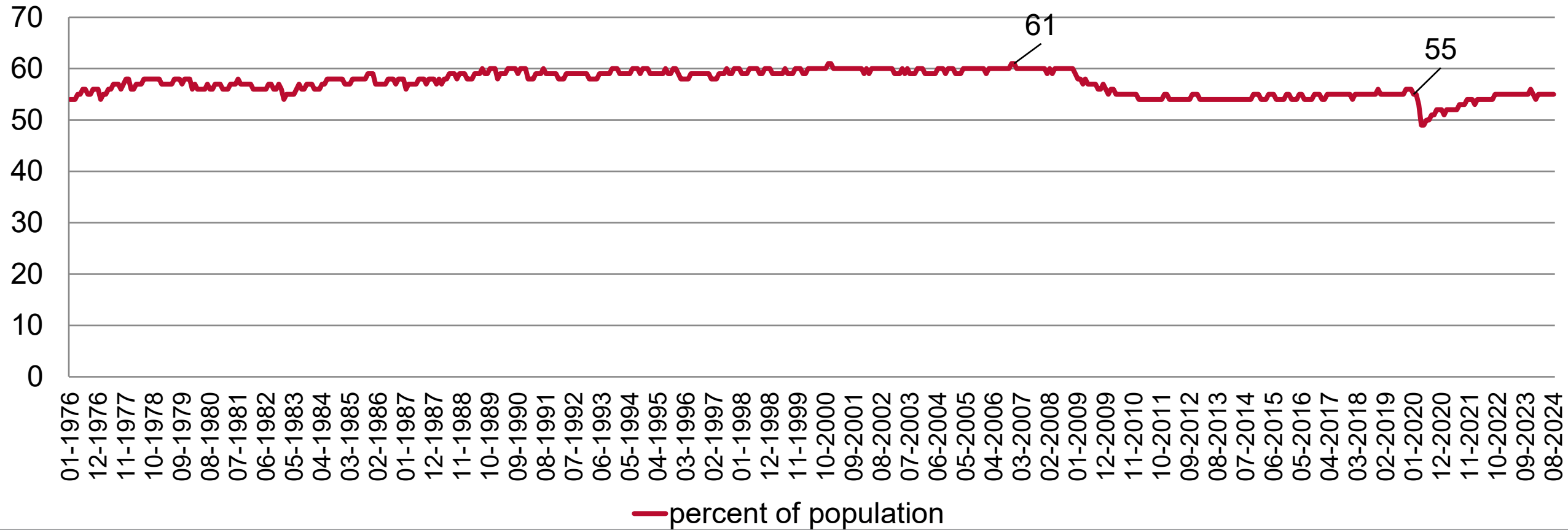
AVERAGE ANNUAL EMPLOYMENT BY INDUSTRY 2023

Note: Total Government 22%
Excluding Education 13%

Total Education Private + Gov is 11%

- Local government, excluding education 6%
- Local government education 6%
- State government, excluding education 4%
- State government education 3%
- Federal 3%
- Information 1%
- Wholesale trade 2%
- Educational services 2%
- Natural resources and mining 3%
- Other services 3%
- Manufacturing 3%
- Transportation and warehousing 3%
- Financial activities 4%
- Construction 6%
- Retail trade 11%
- Leisure and hospitality 11%
- Professional and business services 14%
- Health care and social assistance 14%

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US Unemployment Rates for Men and Women

Source: US Bureau of Labor Statistics, Current Population Survey, Monthly
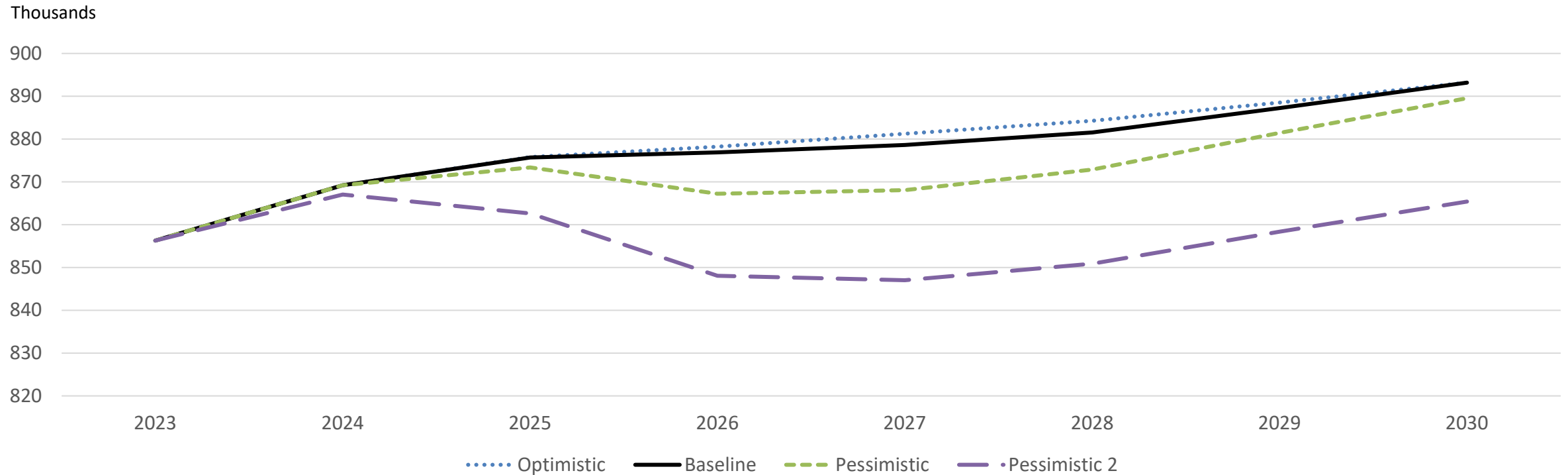
NM Employment Forecast – Alternative Scenarios

In all cases NM fully recovered by the end of 2022, but:
Baseline & Optimistic: continue to move forward
Pessimistic 1: Grows in 2025, takes step back 2026 & 2027. Starts to recover in 2028.
Pessimistic 2: Takes step back 2025-2027. Starts to recover in 2028.

Source: FOR-UNM, April 2025

Probabilities: Optimistic, 5%; Baseline, 55%; Pessimistic 1, 35% Pessimistic 2, 5%

Risk: NM Federal Dependence – Income Transfers

State	Personal Income*		Transfers*		% of PI	Rank
New Mexico	$	117,016	$	30,108	25.7%	4
Oklahoma	$	245,439	$	51,959	21.2%	13
Missouri	$	387,905	$	80,731	20.8%	18
Kansas	$	194,414	$	33,361	17.2%	34
Nebraska	$	141,151	$	22,620	16.0%	38
Wyoming	$	47,928	$	7,118	14.9%	46
Colorado	$	470,606	$	62,982	13.4%	49
United States	$	23,380,269	$	4,267,994	18.3%	-

* Millions

State	Income*		Transfers*		Transfer Rank
New Mexico	$	55,343	$	14,239	8
Missouri	$	62,604	$	13,029	23
Wyoming	$	82,060	$	12,187	36
Nebraska	$	71,347	$	11,433	44
Nebraska	$	71,347	$	11,433	44
Kansas	$	66,115	$	11,345	45
Colorado	$	80,068	$	10,716	49
United States	$	69,810	$	12,744	-

* Per Capita

New Mexico is highly reliant on federal transfers. Key programs relative to other states include entitlements and social safety nets such as Medicaid, Medicare, Public Assistance Medical Programs, SNAP.

Source: BEA (2023)

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Risk: NM Federal Dependence – Contracts, Grants, In-flows

State	Per Capita Obligations	US Rank
New Mexico	$18,885	12
Missouri	$15,078	15
Nebraska	$12,777	25
Oklahoma	$12,074	30
Wyoming	$11,471	35
Colorado	$11,456	36
Kansas	$9,547	46

Source: https://www.usaspending.gov/

Federal obligation amounts, prime award, place of performance

Includes all sources of all obligations (contracts, grants, etc.)

These data include everything from straightforward transfers, to funds obligated through other grant and contract programs.

Sub Agency Name	Obligation Amount
Social Security Administration	$10,165,751,133
Centers for Medicare and Medicaid Services	$5,179,449,343
Under Secretary for Benefits/Veterans Benefits Administration	$1,509,442,620
Department of Education	$604,957,986
Federal Highway Administration	$547,032,294
Food and Nutrition Service	$478,716,728
Environmental Protection Agency	$293,590,642
Administration for Children and Families	$237,573,308
Department of Energy	$178,131,155
Forest Service	$158,982,174
Assistant Secretary for Public and Indian Housing	$151,602,332
Bureau of Indian Affairs and Bureau of Indian Education	$151,143,974
Rural Utilities Service	$121,593,118
Railroad Retirement Board	$110,584,944
Federal Emergency Management Agency	$109,883,425
Farm Service Agency	$82,481,129
Other	$1,017,479,244
Total	**$21,098,395,551**

Source: https://www.usaspending.gov/

Federal obligation amounts, prime award, place of performance

Includes all sources of all obligations (contracts, grants, etc.) **ONLY** for 2024

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Thank You!

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27th Annual NM Data Users Conference

November 19, 2025 at CNM-WTC. Registration starting in July is $65 for the day

includes continental breakfast and lunch

Registration: https://bber.unm.edu/data/nm-duc/27th-annual-nm-data-users-conference-2025